

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter

### Sunday 5<sup>th</sup> March

8.30am Holy Communion

10.00am All-age Parish Eucharist  
*Celebrant* Fr. Martyn Hawkes

Welcome to our monthly all-age service. We hope that you enjoy the slightly different format and feel within a recognisable liturgy.

Due to this new pattern the prayers for healing will move to the 2nd Sunday of the month.

4pm Flute and Woodwind Concert with Kerry and John Light (Cinema organ). All proceeds to the church with a retiring collection.

#### This Week

#### **Evening Prayer**

5pm Monday to Thursday  
No evening prayer on Friday

#### **Monday 6<sup>th</sup> March**

8pm Spiritual Book Club meeting in the Vicarage to discuss 'Eden' by Jim Crace. All are welcome.

#### **Tuesday**

10-12 Open Church  
1 30pm Knit and natter in church.

#### **Wednesday**

9.30am Prayer Hour  
11am Holy Communion  
12 noon Pre-school carers group  
3.30pm After-school club

7pm Growing Good Lent Course  
Session 2 - Upstairs in the Church Hall. All welcome

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Connection/Tai Chi in church  
11:45am – 1pm. Meditation and Reflection in church

1 - 2.15pm Yoga class in church.

*Items for weekly notices need to submitted by Thursday evening.*  
*([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

### **Lent 2023**

1. Growing Good course: Session 1 on Presence was very positive. Some notes have been put up on the board – please add your thoughts. Week 2 the theme is Perseverance.
2. Sunday 26<sup>th</sup> March. Evening Taize service for healing with other parishes in our MMU.
3. Lent Quiet Day: Saturday 1<sup>st</sup> April 11am
4. Lent Book: the book club is reading Paula Gooder's book: Women of Holy Week during Lent.
5. **Next Sunday 12<sup>th</sup> March**  
Guest preacher- Revd Dr Sandra Eldridge, Diocesan Environment officer. Sandra is also chairing a zoom meeting on **Tuesday 7<sup>th</sup> March** at 12 noon to encourage wider engagement from the diocese:

### **Saturday 11<sup>th</sup> March**

#### **2pm – 4pm Messy Church**

This is coming together well - more volunteer support is always welcome as we share with the wider community. Please contact Clare our children and families coordinator if you can help in any way by phone 07986 180230 or email [wafamilies@gmail.com](mailto:wafamilies@gmail.com). Refreshments are always needed to feed the hungry hordes!

### **Summer Club 2023**

St. Gabriel's will be hosting our annual Summer Club again from Tuesday 25<sup>th</sup> to Friday 28<sup>th</sup> July. Range of activities for children from 9:00-12:30 each day. Please consider volunteering as an adult team leader, leading a group of 6-8 children, and provide support the group leader. Alternatively, be part of the team making snacks & drinks for the children. Contact Anthony or Amelia for more details.

### **Foodbank Update**

Something different for a change! Tin in a Bin have joined forces with Redbridge Council to widen the reach of the provision of free school meals during the holidays by raising funds to expand the voucher scheme. If you would like to support this work, you can make a one-off donation or there is a Drag Queen Bingo evening at Christ Church Hall on March 25<sup>th</sup>! Tickets (£20) from [tinab.wanstead@gmail.com](mailto:tinab.wanstead@gmail.com)

### **Parish Magazine**

The new magazine has arrived and has some time-sensitive items to advertise. Please do help with delivery in the parish as soon as possible. Sign the sheet (legibly) so we know which streets are done.

### **St Gabriel's PCC**

Our annual meeting is on 30<sup>th</sup> April this year and we will need new PCC members to join our team. It's a great way to get more involved, help shape our future and have your say. Speak to Fr Martyn, David or Rachel our churchwardens or any of the current PCC

### **Sunday 12<sup>th</sup> March**

PCC meeting

### **Sunday 12<sup>th</sup> March**

6.30pm Forest Philharmonic concert Rehearsal from 2pm.

### **Friday 17<sup>th</sup> March**

7pm - 11pm Friends of St Gabriel's St Patrick's Day Ceilidh: Tickets from <https://st-gabriels-church.sumupstore.com/product/st-patrick-s-day-ceilidh>

### **Saturday 18<sup>th</sup> March**

All Saints' Chorus - The Messiah – see Lesley Bond for tickets

### **Saturday 25<sup>th</sup> March**

Valentine Singers concert

John Parkin, long-standing member of St Gabriel's sadly died this past week. His funeral will be on Monday 20<sup>th</sup> March at 11am. All are welcome to attend the service.

### **For Our Prayers**

#### **For those who are sick:**

Aliandra Adelin, Frances Bonnick, Joyce Demetriou, Brenda Elliott, Peter Ellis, Margaret Filer, Eileen Galer, Ronney Glad, Ray Green, Martin Griffiths, Larry & Shaun Havens, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Tony Nairn, Mary Watts & for all those named on the Prayer Board who wish for our prayers.

#### **For the recently departed**

John Parkin

#### **and those whose anniversaries occur at this time:**

Irene Insley, Ian Pattullo, Elsie Adams, Donald Tunbridge, Vi Worrall, Stanley Hulstrom