

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
18th February
Lent 1

10am Parish Eucharist
Celebrant Fr Martyn Hawkes
Preacher The Revd Janet Buchan
527, 379, 343, (412), 565

We welcome Janet Buchan, vicar of
St Paul's Goodmayes as our
preacher this morning.

Lent is sometimes used by parishes
as an opportunity to hear from
different voices in the 'sermon slot'.
Next week in our series on
wellbeing Jen will share some
reflections on wellbeing and faith in
her role as a therapist

This Week

Evening Prayer

5pm Monday to Wednesday on
Zoom & in church.
No evening prayer on Thursday or
Friday this week.

Tuesday

10-12 Open Church
1.30pm-3.30pm Afternoon Social
Group in church

Tuesday 20th February

7.45pm PCC meeting in church

Wednesday

9.30am Prayer Group
11am Holy Communion
12 noon The Preschool Play Group
3.30 After School club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Saturday

12 - 1pm Open church Saturday
Organ music and an invitation to
stay, listen, talk, pray. A time to take
some time out from the busyness of
life during Lent. All welcome!

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Monday 26th February

8pm The book club will be
discussing "The Wife of John the
Baptist" by K. Ford K. Looking to
Easter, we'll be reading Richard
Rohr's Lent book, "Wondrous
Encounters" which will be discussed
on Monday 15th April at 8pm.

Lent Course

Begins Tuesday 20th February, 12
noon, and Wednesday 21st, 7pm.
Still room to sign up, and if you
need to swap due to a clash on a
given week you may do that.

Lent Bible reading

If you'd like to read a passage of
Mark a day during Lent there's a
reading schedule on the table at the
entrance.

Sunday 17th March

Soup lunch after church for the
diocesan Lent appeal.

Tuesday 20th February

10.30 am Bereavement Group for
those experiencing loss at Christ
Church Wanstead.

Follow us on Instagram

www.instagram.com/stgaldersbrook/
All welcomed to follow and post to
out Instagram page.

Church hall painting weekend

10am-4pm Saturday 24th & Sunday
25th February . An opportunity to
make further progress with our
church hall transformation. To offer
your services contact Rusty
07764650887 ruaty@livock.com

Saturday 16th March

St Patrick's Day Ceilidh
6-10.30pm - see poster for details.
Tickets now available at £15 Adults/
£5 children over 5 years
[https://st-gabriels-
church.sumupstore.com/products](https://st-gabriels-church.sumupstore.com/products)

Foodbank Update

The number of groups supported by
Tin in a Bin continues to grow as
more people struggle. They have
made connections with 2 toddler /
baby banks, so are now accepting
donations of good quality children's
clothes and equipment (up to age 7).
You may add these to the box in the
church porch, or pass them direct to
Helen Bonnick. Many thanks, Helen
and the team.

Saturday 2nd March

10 - 12.30am St Gabriel's Charity
Coffee Morning. Come along as a
punter, or a helper, or a baker - a
good fun way to connect with the
local community. Offers of baking
and serving still welcome. Thank
you for those who've already
offered.

Saturday 2nd March

Barking Area Vocations Day at St
Margaret's, Barking. For anyone
wishing to explore a vocation to a
variety of ministries. See Fr Martyn
for how to reserve your place.

Easter Quiet Day

Please note the date for this is
Saturday 20th April, not 27th as
advertised previously. More
information to follow.

Health and Safety

We would like to invite any from the
congregation to be responsible for
health and safety in the church. It
could be someone who already holds
that additional responsibility in their
place of work. Please speak to
Martyn or Rachel for more details.

Prayer vigil for the planet

'No Faith in Fossil Fuels' prayer
vigil taking place at the Houses of
Parliament until 24th February.
Essex & East London Christian
Climate Action is joining on Sunday
afternoon 18th February. See Fr
Martyn or click here for details:
<https://christianclimateaction.org/>

For Our Prayers

For those who are sick:

Mr Ali, Eva and Peter Baker, Kevin
Brown, Elwin Cockett, Joyce
Demetriou, Peter Ellis, Margaret
Filer, Eileen Galer, Martin Griffiths,
Kelly Harmsworth, Sylvia Hawkes,
Faye Jackman, Janis Lalor, Jack
Lewis, Milosh, John Mitchell, Bibi
Rahman, Mary Watts & those on the
Prayer Board

For the recently departed

Michael Wilcox
**and those whose anniversaries
occur at this time:**

Vera Parkin, Maurice Russell, Eva
Joslin, Thomas Dady, Doris
Manwaring, Edith Elliott, Barbara
Brownfield, Vester Thomas, Ethel
Burnett