St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

4th June

8.30am Holy Communion *Celebrant* Fr. Martyn Hawkes

10am All-age Parish Eucharist *Celebrant* Fr. Martyn Hawkes *Preacher* Henry Lau 684, 382, 565, (165), 238

This Week

Evening Prayer

5pm Monday to Thursday on Zoom & in church No evening prayer on Friday

Tuesday 10-12 Open Church

Wednesday

9.30am Prayer Hour 11am Holy Communion 12 noon Pre-school carers group 3.30pm After-school club

Wednesday 7th June

7pm Spiritual Development Group at 10 Blake Hall Road. All are welcome to the return of the group to spend time in prayer, fellowship and discussion. This week's discussion is on an extract from Richard Rohr - details on the parish email or from Lesley Bond

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

Thursday 8th June

8pm Corpus Christi at Christ Church. A joint service with Wanstead Parish and friends from our MMU.

Aldersbrook School Year 6 production will be in St Gabriel's again this year. Rehearsals will begin after half term on Mondays and Fridays starting on 9th June.

Next Sunday 11th June

MMU pilgrimage through the Forest - 1.30pm St Mary's Woodford via St Peter in the Forest, Christ Church, St Mary's & finishing at St Gabriel's at 4pm. An option of lunch at St Mary's before the walk is available. Offers of refreshments or willingness to serve are very welcome.

Monday 12th June

8pm Spiritual Book Club Our next book is 'Barchester Towers' by Anthony Trollop. We are meeting in the Vicarage to discuss it. All are welcome.

Sunday 11th June

Aldersbrook Community Choir concert in church

Messy Church is back! Saturday 17th June 2- 4pm

If you would like to volunteer or need more information please contact Clare, our children & families coordinator, on 07986180230 or www.families@gmail.com

Saturday 17th June

1pm-4pm NE London Eco Faith Climate Forum Meeting Vine URC Church Hall, Ilford For more information contact petermusgrave1950@gmail.com

Saturday 17th June

7:30pm Redbridge Brass are back! Presenting 'Our British Isles - a musical journey'. Refreshments available. See poster for details. www.ticketsource.co.uk/redbridgebrass Tickets £12 Child (under 12 yrs) FREE

Foodbank Update

Thanks to all who supports various foodbank collections. You are currently invited to donate tins of veg, custard, coffee, meat meals, tins of spaghetti or beans, small bags of rice, honey or peanut butter, and long life milk (not skimmed). Thanks again, Helen and the team.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com)

Sunday school has had a new start. Gigi is on fire with great craft ideas, and Kate has been leading the sessions. But, they can't do this alone. If you'd like to find out more please speak to them after the service today. The yoke is easy and the burden is light, but the rewards are great!

St Gabriel's Church Directory.

We are offering parishioners the chance to share their contact details with each other in a list that will be sent to everyone who also shares their details. The aim is to encourage our community to connect & build relationships. More details are available on the form or contact Fr. Martyn or Clare Reeves.

Summer Club 2023

St. Gabriel's will be hosting our annual fun-filled Summer Club again this year from Tuesday 25th to Friday 28th July. Children take part in a range of activities from 9:00-12:30 each day. Please consider volunteering during this exciting week: leading, helping a leader or preparing food and drink. Contact Anthony or Amelia for more details.

Sunday 18th June

Deanery Confirmation - are there any people who would like to explore confirmation? Want to know more, please speak to Fr Martyn this week or next.

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Ray Green, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Mary Watts & those on the Prayer Board

For those whose anniversaries occur at this time:

John Plumbley, Robert Murray, Samuel Fayne, Ron Spicer