

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
28<sup>th</sup> January  
Candlemas

10.00am Parish Eucharist  
*Celebrant* Fr Martyn Hawkes  
Preacher Henry Lau  
379, 375, 428, (157), 486  
Today we celebrate the  
presentation of Jesus in the temple,  
the end of Epiphany, & the journey  
towards Lent.

5pm Sung Evensong with the  
blessing of the choir vestry  
Some amazing work has been done to  
brighten and transform the choir  
vestry. After evensong we will  
share refreshments there and offer  
a prayer of thanksgiving and  
blessing.

#### This Week

#### **Evening Prayer**

5pm Tuesday to Thursday on  
Zoom & in church.  
No evening prayer on  
Monday or Friday

#### **Tuesday**

10-12 Open Church  
1.30pm-3.30pm Afternoon Social  
Group in church

#### **Wednesday**

9.30am Prayer Group  
11am A service of the word will  
replace the usual Wednesday  
communion service  
12 noon The Preschool Play Group  
3.30 After School club

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

#### **Saturday**

12 - 1pm Open church Saturday  
Organ music and an invitation to  
stay, listen, talk, pray. All  
welcome!

#### **Burns Night**

Thank you to Caroline and her  
team from another fabulous night.

#### **This Sunday 28<sup>th</sup> January**

After church today over coffee  
options abound:  
1. Join the table to ask any  
question about life at St Gabriel's -  
anything you want to know, but  
were too shy to ask.  
2. Chat with others, including an  
invitation on your tables to discuss  
some of the 'Travelling well  
together' values.

#### **Saturday 3<sup>rd</sup> February**

2-4pm Messy Church  
Please contact Clare, if you are  
interested in helping out  
[www.families@gmail.com](mailto:www.families@gmail.com) or  
07986180230. No experience  
necessary & lots of inspiration &  
guidance available! Help with  
preparing the church & the feast is  
also gratefully received. Our theme  
is "With Love From Messy  
Church" so all our activities will  
be around the theme of love in all  
its many forms.

#### **Next Sunday 4<sup>th</sup> February**

8.30am Holy communion  
10am All-age service

#### **Magazine**

We are collecting articles for the  
next parish magazine. Please send  
articles to [teresasmith@me.com](mailto:teresasmith@me.com).  
The closing date for articles is  
Sunday 4<sup>th</sup> February. Thank you.  
Teresa Smith

#### **Foodbank Update**

Thank you to everyone for your  
generosity to the foodbank.  
Apparently they are drowning in  
baked beans at the moment so if  
you would like to make a donation  
please consider something else!  
Many thanks, Helen and the team.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### **List of Church & Hall keyholders**

We would like to create an up to  
date list of those congregation  
members who have keys to either  
the church and/or the hall in case  
of emergencies. Please do let  
Rachel know if you have a set of  
keys for either of these so we can  
compile the list

#### **Health and Safety**

We would like to invite any  
expressions of interest from the  
congregation to be responsible for  
health and safety in the church. It  
could be someone who already  
holds that additional responsibility  
in their place of work. Please  
speak to Martyn or Rachel for  
more details.

#### **Lent is nearly upon us!**

The Lent options at St. Gabriel's  
are available on the sheet at the  
entrance to church with sign up  
sheets to join the study groups on  
the theme of Wellbeing

#### **Prayer vigil for the planet**

There is an invitation to join a  
prayer vigil 'No Faith in Fossil  
Fuels' taking place at the Houses  
of Parliament for 10 days from  
Ash Wednesday to 24<sup>th</sup> February.  
A group from Essex and East  
London Christian Climate Action  
is joining on Sunday afternoon 18<sup>th</sup>  
February, and if you'd like to be a  
part of that see Fr Martyn or click  
here for details:  
<https://christianclimateaction.org/>

#### **For Our Prayers**

#### **For those who are sick:**

Mr Ali, Eva and Peter Baker,  
Kevin Brown, Elwin Cockett,  
Joyce Demetriou, Peter Ellis,  
Margaret Filer, Eileen Galer,  
Martin Griffiths, Kelly  
Harmsworth, Sylvia Hawkes, Faye  
Jackman, Janis Lalor, Jack Lewis,  
Milosh, John Mitchell, Mary Watts  
& those on the Prayer Board

#### **For the recently departed**

Frances Bonnick