

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 12th October

10am Parish Eucharist
Celebrant: Rev. Canon Martyn
Hawkes
Preacher: Rev. Amy Taylor

11.30am PCC meeting after the
service

2-4pm. Lego in church
All welcome

This Week

Morning Prayer

9am Monday – Thursday
In person only and all welcome
Tuesday at Christ Church
Wanstead

Evening prayer

5pm Monday – Thursday
On zoom and in-person

Tuesday

10:00am – 12 noon Open Church
If anyone is able to offer 2 hours to
keep St Gabriel's open on a
Tuesday morning please sign up
on the sheet at the entrance.

1.30pm Get-together group in
church - a social gathering for
company and conversation.
On Tuesday 21st October the group
will be meeting at the Golden
Fleece for lunch at 12.30pm.
All are welcome

Tuesday 14th October

7pm Exposition of the Blessed
Sacrament

Wednesday

11am Holy Communion
12 - 1.30pm Preschool Play Group
3.30pm After School Club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

The Creed

We believe - it's the 1700th
anniversary of the Council of
Nicaea (who knew?!) from which
emerged the creed that we say
most Sundays in church.

The first in a series of 3 sermons
on the Nicene Creed today. Do
take your booklet home for some
prayerful reflective background to
the creed.

These cost us £3.50 each - you are
welcome to have one before they
disappear, and if you'd like to chip
in to cover cost that would be
appreciated.

Magazine Articles

We are collecting articles for the
next parish magazine. Please send
articles to teresasmith@me.com
The closing date for articles is
Monday 13th October.

Next Sunday 19th October

Forest Philharmonic concert

Next Sunday 19th October

Caroline Ferguson is organising a
Safeguarding Foundation Training
session after church. All are
welcome and some people will
need it to keep up-to-date.

Sunday 26th October

5pm Evensong

Tuesday 4th November

Book Club

Our next book will be 'Dark, Salt,
Clear' by Lemorna Ash to be
discussed at 8pm at the vicarage

Foodbank Update

Sadly stocks of everything are
running very low at present. St
Gabriels members have always
been among the most generous so
please keep up the good work.
Thank you very much for all that is
donated to help those struggling
day to day. Thank you, Helen and
the team

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Grandparents

We are looking to begin a support
group for Grandparents to meet and
share their experiences, wisdom and
struggles of "Grandparenting" with a
faith perspective. We aim to make
the group responsive and to provide
any requested guidance, ideas and
even resources to help out and so to
get this going I'd be very grateful to
spend time with anyone who I can
ask some questions of before we
start up! Clare
stgabrielsfamilies@gmail.com

Sunday 2nd November

5pm All Souls' service
From next week please add names
of those you would like to be
remembered in the service.

Messy Church

The next date for your diary is
Saturday 15th November.
See the poster in church for details
and be in touch with Clare if you
can help on her new email address
stgabrielsfamilies@gmail.com

Travelling Angels

Going on your travels? Could you
take one of Sunday School's angels
with you and take a photo of it in a
religious place of interest and tell
us a story about the place for our
journal? See poster for details or
chat to Clare. Bon voyage!

For Our Prayers

For those who are sick:

Saadia Akmal, Michelle Baker,
Joyce Demetriou, Peter Ellis,
Eileen Galer, Margaret Hallam,
Kelly Harmsworth, Sylvia
Hawkes, Nicky Hooper, Faye
Jackman, Janis Lalor, Jack Lewis,
John Mitchell, Marie Norman,
William Starling, Kamalasan
Vilait, Julie Waite-Wilson, Anita
Watts, Mary Watts, Shirley Yick
& those on the Prayer Board

For the recently departed

Vic Howden

and those whose anniversaries occur at this time:

Sam Fallowfield, Peter Baker,
Dorothy Gurr, Henry Cater,
Jennifer Wright