St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

Weekly Newsletter 16th April

10am Parish Eucharist Celebrant Fr. Martyn Hawkes Preacher Henry Lau 16, 262, 205, (361), 408

This Week

Evening Prayer 5pm Monday to Thursday No evening prayer on Friday

Monday 17th April 7pm Adoration of the Blessed Sacrament 7.30pm Standing Committee

> Tuesday 18th April 10-12 Open Church

Tuesday 18th April

10:30-11:30 am. Bereavement Cafe for those experiencing loss at Christ Church Wanstead

Tuesday 18th April

7.45pm Friends of St Gabriel's Meeting in the Vicarage to discuss future plans. All welcome but let Fr Martyn know if you plan to attend.

Wednesday

11am Holy Communion

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Connection/Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

Next Sunday 23rd April

Lent Course - a short final session over coffee after church for everyone to give an opportunity to share some thoughts and ideas with the whole congregation on where the course has pointed us.

Next Sunday 23rd April

5pm Sung Evensong - Book of Common Prayer traditional service

Monday 24th April PCC Meeting

Week of 17th - 23rd April

Bluebell and Spring Art display in church Mon 17th: Noon-3pm. Tues 18th : Noon-3pm. Wed: Show closed. Thu 20th: 2.30pm-4.30pm. Fri 21st: Noon-3pm. Sat 22nd : BIG DAY – 11am-4pm Sunday 23rd : After church service 11.15am-1.30pm.

APCM: Sunday 30th April

We need new PCC members to join our team. Speak to Fr Martyn, our churchwardens David or Rachel or any of the current PCC The Electoral roll is now closed until the APCM.

Summer Club 2023

St. Gabriel's will be hosting our annual Summer Club again from Tuesday 25th to Friday 28th July. Range of activities for children from 9:00-12:30 each day. Please consider volunteering as an adult team leader & provide support the group leader. Alternatively, be part of the team making snacks & drinks for the children. Contact Anthony or Amelia for more details.

Saturday 13th May

St Gabriel's Charity Coffee Morning in church

10 - 12.30pm Local charities invited to share what they do.

As part of Coronation celebration of volunteering we hope to provide free fairy cakes for any who identify as volunteers in any way. Your baking help will be very much needed, please! Any costs can be reimbursed.

Foodbank Update

A big thank you to all who contributed to the scheme to help feed children over the school holidays. Plans are now being made for future events with an eye on the long summer holiday, including a quiz night in our church hall on 20th May. More details coming soon. And there will be a Tin in a Bin stall at the Coronation festival on Christchurch Green on 7th May. Your support is very much appreciated. Helen and the team.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com)

Urgent Help needed on tea rota

Volunteers are urgently needed to serve teas/coffee in the hall after the 10am service on **Sunday 21st May**. If you are interested in seeing what this involves as a one-off, this could be the ideal opportunity for you! If you can help please speak to Rachel.

Christian Aid Week (CAW) 14th – 20th May.

We will do our usual House to House envelope delivery & collection or drop back and try some new fundraising challenges;

Saturday 13th May

We celebrate Volunteering with a CAW stall at the St Gabriel's charity Coffee morning Plus Christian Aid's London

Freedom Walk. A 10K walk, starting 11.30am at St James Piccadilly with a send-off service and ending at St Pauls Cathedral in time for 5pm evensong.

Sunday 14th May

The Big Pea Challenge', Pea Lunch inspired by CAWs work in Malawi Please volunteer & support during CAW. Give peas a chance! Thank you Sue & CAW Team

Friday 21st April

The Big One begins - a series of events to highlight the need for urgent action for the climate. A walk begins 9am at Forest Gate or 9.30am at Stratford to Parliament. See Martyn for more details. Activities by Christian Aid, Tear Fund, Friends of the Earth & Christian Climate Action will take place including members of both Houses of Parliament speaking. Saturday - Art workshops and exhibition 11- 4pm

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Allen Chan, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Ray Green, Martin Griffiths, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Tony Nairn, Mary Watts & those on the Prayer Board

For the recently departed Christine Smith and those whose anniversaries occur at this time: Hugh Douglas, Phyllis Cocksedge, Ken Inniss, Doreen Inniss