

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 22nd March

10am Parish Eucharist
Celebrant: Rev. Canon Martyn
Hawkes

Lay Deacon: Henry Lau
662, 584, 374, (206), 104

Children and Families group will
meet after the morning service.

6.30pm Forest Philharmonic concert

There is no evensong this week, but
we will have a special Holy Week
evensong on Palm Sunday at 5pm

This Week

Morning Prayer

9am Monday, Wednesday &
Thursday

In person only and all welcome

Evening prayer

5pm Monday – Thursday
On zoom and in-person

Monday

1pm Lent group at Jan's house

Tuesday 24th March

10:00am – 12 noon Open Church
The Get-Together group will meet at
12.30pm at the Golden Fleece for
lunch, not in church. Next meeting
will be on Tuesday 14th April.
7.30pm Contemplative prayer

Wednesday 25th March

11am Festival Eucharist for the
Feast of the Annunciation, followed
by refreshments
12 - 1.30pm Preschool Play Group
3.30pm After School Club
7pm Lent group in the choir vestry
The upcoming Bible Reading Online
Catch-up in March will be
postponed due to the Lent Course

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Next Sunday 29th March Palm Sunday

The clocks go forward! Don't be
late for church.

Please note, we start our service at
10am on the corner of Ingatestone
Road and Northumberland Ave.

For those who are limited in
mobility, the church will be open &
we arrive there approximately 10.15

Monday 20th April

An evening meal for the final
session for both of the Lent groups
is planned in church.

Monday 13th April

8pm Book club Meeting
We will be reading Rhidian Brook's
Notes on an Execution for its Lent
book, and will also have a novel to
read alongside: Theo of Golden by
Allen Lev. All welcome to join
when both books will be discussed.

Saturday 18th April

St Gabriel's Charity Coffee
morning.

Cakes & biscuits for this event will
be much appreciated, as will help on
the morning serving teas & coffees.
Please sign up on the sheet at the
back if you are able.

St Gabriel's PCC

There will be a number of vacancies
on the PCC in the upcoming year.
These will be elected at the annual
meeting on 17th May. If you would
like to find out more please speak to
1 of the ministers or current PCC.
The meeting commitment is 4-5
weekday evening meetings per year
& 4 after church on Sunday. We
would particularly like to expand to
involve a wider cross section of our
congregation in decision-making.

Holiday Club 2026 - Dream.

21st - 24th July with a set up day on
the 20th. Clare and Anthony are on
the lookout for anyone who can help
bring some fun to the start of the
summer holidays for local children.
All ages, experience and abilities
welcomed.

stgabrielsfamilies@gmail.com

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Welcome to a change in tone as we
come closer on our journey to the
cross. You will see that we have
veiled the crosses - a sign that
paradoxically draws our attention to
them even more.

Holy Week Services

Palm Sunday

10am and 5pm Evensong

Tuesday 31st March

7.30pm A service of Tenebrae -
music and scripture in candlelight
marking Jesus betrayal

Thursday 2nd April

8pm Maundy Thursday service
followed by The Watch

Good Friday

10am Ecumenical Walk of Witness
from Wanstead URC to Our Lady of
Lourdes

11.30am Stations of the cross and
building of the Easter Garden for
children and families

1pm Stations of the Cross and Good
Friday Liturgy

Easter Day

6am Dawn Mass of Easter
10am Easter Day Mass followed by
Easter Egg hunt in the garden.

Holy Week & Easter Help needed

1. Readers for Palm Sunday, Easter
dawn (Good Friday readers ad hoc)
2. People to sign up for keeping
watch over the night of Maundy
Thursday (10pm - 7am)
2. Easter Breakfast - please sign up
to bring items for our early
celebration
3. Flowers & Church Preparation for
Easter - Saturday 4th April from
10am

For Our Prayers

For those who are sick:

Saadia Akmal, Michelle Baker, Joyce
Demetriou, Jennifer Hale, Kelly
Harmsworth, Nicky Hooper, Faye
Jackman, Doreen Karsondas, Janis
Lalor, Jack Lewis, John Mitchell,
Angela Ng, Judy Scrivener, William
Starling, Jean Umoh, Kamalasan
Vilait, Julie Waite-Wilson, Anita
Watts, Mary Watts, Shirley Yick &
those on the Prayer Board

For the recently departed

Joseph Ramsey, Laura Lyseight
**and those whose anniversaries
occur at this time:**
Frederick Mutter