

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 2nd April
Palm Sunday

8.30am Holy Communion

10am All-age Parish Eucharist
Starting in Wanstead Park opposite
Aldersbrook school where
Ingatestone Road meets
Northumberland Avenue. We will
be in church at approximately 10.15
for those who have limited mobility
Hymns in service books

This Week

Evening Prayer

5pm Monday to Thursday
No evening prayer on Friday

Tuesday

10-12 Open Church
No Knit and natter this week.

Wednesday

9.30am Prayer Hour
11am Holy Communion
12 noon Pre-school carers group
3.30pm After-school club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Connection/Tai
Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Spiritual Book Club

Lent Book 'Women of Holy Week'
by Paula Gooder. We are meeting in
the Vicarage at 8pm on Tuesday 11th
April to discuss it. All are welcome.

Monday 17th April

7.30pm PCC standing committee

Sunday 23rd April

Lent Course - a short final session
after church for everyone to give an
opportunity to share some thoughts
and ideas with the whole
congregation on where the course
has pointed us.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Holy Week services

Tuesday 4th April

7.30pm service in the style of
Tenebrae - readings, music, song,
silence in candlelight

Maundy Thursday 6th April

8pm the service of the last supper,
foot washing and stripping of the
altars - a dramatic engagement with
self-giving love and the darkness.
We try to keep an overnight vigil of
prayer, but have left it late to
complete the rota. If you can offer
an hour please email Martyn
mj_hawkes@yahoo.co.uk ahead of
Sunday if possible.

Good Friday 7th April

10.30am - Walk of Witness from
Wanstead United Reform Church to
Our Lady of Lourdes Catholic
Church and short service
11.30am - Children and Families
service - if you can help with coffee
and not burning the hot cross buns
please see Martyn.
1pm- 3pm - Stations of the Cross
and the Good Friday Liturgy

Holy Saturday

From 10am The day of preparation
See Gaynor for flowers or Martyn
for cleaning

Easter Day

6am Easter Vigil and first mass of
the dawn, followed by breakfast
Help with this still welcome. Thanks
for those who've signed up to
volunteer items already.
10am Easter Day Family Eucharist

Tuesday 11th April

Following Easter the church floor
will be refinished with no access
possible Tuesday & Wednesday.
Notify Martyn if you need to get in.
This means Tuesday's Adoration of
the Blessed Sacrament is transferred
to Mon 17th April at 7pm & Wed.
Holy Communion in Easter week
will take place in the Vicarage
Garden (weather permitting!)

Foodbank Update

An urgent request has gone out for
pasta sauces, tinned vegetables and
toiletries, as stocks are running very
low for these items. If you are
shopping for the foodbank this
week, perhaps you could consider
these things. Thank you. Helen and
the team.

Urgent Help needed on tea rota

Volunteers are urgently needed to
serve teas and coffees in the hall
after the 10am service on **Sunday
9th April & Sunday 21st May**. If
you are interested in seeing what
this involves as a one-off, this could
be the ideal opportunity for you! If
you can help on either of these dates
please speak to Rachel today.

APCM: Sunday 30th April

We need new PCC members to join
our team. Speak to Fr Martyn, our
churchwardens David or Rachel or
any of the current PCC
Anyone who hasn't yet joined the
electoral roll and are eligible to do
so, please see Sara Bertrand.

Summer Club 2023

St. Gabriel's will be hosting our
annual Summer Club again from
Tuesday 25th to Friday 28th July.
Range of activities for children from
9:00-12:30 each day.
Please consider volunteering as an
adult team leader & provide support
the group leader. Alternatively, be
part of the team making snacks &
drinks for the children. Contact
Anthony or Amelia for more details.

Father Mark has been trying to find
a way to serve in the parish while
managing his illness. However, he
feels he needs more space and time
to do this. To this end, he will be
taking a sabbatical - a period of time
away from active ministry. He and
Nick, however, hope to continue to
be part of the community of St.
Gabriel's. Mark is so grateful to the
people of St. Gabriel's for their
continuing love and support.'

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick,
Joyce Demetriou, Peter Ellis,
Margaret Filer, Eileen Galer, Ray
Green, Martin Griffiths, Sylvia
Hawkes, Phyllis Lehreman, Patricia
Lipman, Milosh, John Mitchell,
Tony Nairn, Mary Watts & those on
the Prayer Board

**For those whose anniversaries
occur at this time:**

Kathy Christie, Joe Watts, Prue
Tribe, Dean Christie, George Mills