St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

> Weekly Newsletter 2nd July

8.30am Holy Communion *Celebrant* Fr. Martyn Hawkes

10am All-age Parish Eucharist Celebrant Rev. Dr Liz Howell Hymns in service book

We are very grateful to Liz for being our celebrant and preacher at the all-age service today. Liz is an old friend to St Gabriel's as previous rector of Wanstead Parish.

This Week

Evening Prayer 5pm Monday to Thursday on Zoom & in church No evening prayer on Friday

> **Tuesday** 10-12 Open Church

Wednesday 9.30am Prayer Hour 11am Holy Communion 12 noon Pre-school carers group 3.30pm After-school club

Wednesday 5th July 7pm Spiritual Growth Group at 10 Blake Hall Road. All Welcome.

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com)

Serving at the Altar

After church today there will be a catch-up and review for all those who are part of the serving team as acolytes, thurifer, crucifer or MC. This includes an invitation to any others who might like to learn more about the various roles and how you could get involved. Come along and see!

Saturday 8th July

9.30 - 12.30 Pupil concert in church

Next Sunday 9th July We have the baptism of Rufus Spread and Gabriel Gosalbo at our 10am service

Tuesday 18th July 10:30 - 11:30 Bereavement Cafe For all who have experienced loss in Christ Church.

Sunday 16th July PCC Meeting after church

Spiritual Book Club

Our next book is 'Our Lady the Lost and Found' by Dianne Schoemperlen. We will meet at 8 pm in the vicarage on Monday 21st August to discuss it. All are welcome.

Saturday 29th July Family Fun Day

We would appreciate helpers on the day, homemade cakes, bottles of Pimms, other bottles for the tombola, clean like-new toys, books, good quality bric-a-brac and vouchers for the raffle. Sign up sheets at the back of the church or speak to Nanette for more info.

Foodbank Update

Thanks to all who supports various foodbank collections. You are currently invited to donate tins of veg, custard, coffee, meat meals, tins of spaghetti or beans, small bags of rice, honey or peanut butter, and long life milk (not skimmed). Thanks again, Helen and the team.

Message of Thanks

Just want to say thanks to our St G family for all your gifts, prayers and love for our confirmation. We feel very warm. Lucy and Gigi

Summer Club 2023

St. Gabriel's will be hosting our annual fun-filled Summer Club again this year from Tuesday 25th to Friday 28th July. Children take part in a range of activities from 9:00-12:30 each day. You could lead a group of 6-8 children or support the group leader. Please consider volunteering during this exciting week. Alternatively, you might prefer to be part of the team making snacks and drinks for the children. Please contact Anthony or Amelia for more details.

St Gabriel's Church Directory.

We are offering parishioners the chance to share their details with each other in a list that will be sent to everyone who also shares their details. The aim is to encourage our community to connect & build relationships. More details are available on the form or contact Fr. Martyn or Clare Reeves.

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Elwin Cockett, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Patricia Lipman, Milosh, John Mitchell, Mary Watts & those on the Prayer Board

For the recently departed Jean Lacey

and those whose anniversaries occur at this time:

Megan Stacey, Harthwell Roberts, Leonard Conoley, Elizabeth Filer