

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 23rd March
3rd Sunday in Lent

10.00am Parish Eucharist
Celebrant: Revd Dr Liz Horwell
570, 174, 70, (923), 19

We welcome the Revd Dr Liz Horwell back to St Gabriel's this Sunday the third Sunday of Lent, with grateful thanks for her support and ministry among us.

Fr Martyn and Jen are in Reading today for a half marathon - there will therefore not be a service of Evensong this evening.

This Week

Evening Prayer

5pm Monday to Thursday on Zoom & in church.

Tuesday

10-12 Open Church
12.15-1.30pm Lent Course at Jan Smith's home
1.30pm Afternoon Social Group
7.30 pm Contemplative Prayer in Church

7-7.30 pm Due to the Lent Course, the upcoming Bible Reading Online Catch-up via Zoom is this Tuesday instead of Wednesday

Wednesday

11am Holy Communion
12 noon The Preschool Play Group
3.30 After School club
7-8.30pm Lent Course in the Choir Vestry

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am - 1pm. Meditation and Reflection in church
1 - 2.15pm Yoga class in church.

This Saturday 29th March

10am to 12.30 Annual Charity Coffee Morning in church with many stalls, including bric a brac, refreshments, pictures, books etc Free entry with donations in aid of Tin in a Bin. Any enquiries please call Carol on 07811 662297.

We're still looking for bakers for this event. Any offers most welcome, let Martyn know.

Thank You Friends

Huge thanks to the Friends of St Gabriel's for organizing the Ceilidh on Saturday to continue to raise much-needed funds for the hall project.

Saturday 5th April

10am-3pm A Quiet Day at St Gabriel's with an Environmental focus. All are welcome. See publicity leaflet & sign up on the sheet at the entrance to give us an idea for numbers.

Handyman Needed

Do you know of a handyman in the Aldersbrook, Wanstead, Manor Park, Forest Gate area? We need someone that can undertake regular small repair work in the hall. Send all recommendations with their contact number to stgchurchmaintenance@gmail.com Many thanks. Rusty

Foodbank Update

Spring seems to be finally here. If, like me, you are starting to think about planting seeds for a harvest of fruit & veg, then please think about what you can drop off in the food bins around the area. Small things can make a huge harvest for those less fortunate. Thank you. Helen & the team.

Items for weekly notices need to submitted by Thursday evening.
(sarabertrand47@gmail.com)

Next Sunday 30th March

10.00am Mothering Sunday Service
Don't forget that next week the clocks go forward, so don't be late for church!

New Electoral Roll 2025

Don't forget to fill in your Electoral Roll forms and Stewardship offers - paper copies in church, online also available. We'd love to have them back from everyone.

Every 6 years we are required to completely refresh our electoral roll so everyone will need to complete a new form and return them to Sara Bertrand, Electoral Roll Officer.

Tuesday 8th April

2pm Breast Cancer Awareness talk. Please come along this affects men & women and we are working with The Aldersbrook Medical to promote this. Refreshments available. Any enquiries please call Carol on 07811 662297

Saturday 3rd May

Sauga Plant Sale. A great opportunity to get some expertly grown plants into the garden, whilst also supporting our Uniform Groups. Time tbc.

For Our Prayers

For those who are sick:

Saadia Akmal, Martin Anderson, Eva Baker, Michelle Baker, Ann Brown, Ursula Christie, Joyce Demetriou, Peter Ellis, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Faye Jackman, Janis Lalor, Jack Lewis, Olive Macauley, Sue Maudsley, John Mitchell, Marie Norman, Jan Smith, William Starling, Maria Varga, Anita Watts, Mary Watts & those on the Prayer Board

For the recently departed

Vera Kimpton
and those whose anniversaries occur at this time:
Frederick Mutter