

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
13th August

10am Parish Eucharist
Celebrant Rev. Dr Liz Horwell
467, 281, 144, (150). 511

This Week

Evening Prayer
Evening prayer returns on
Thursday at 5pm

Tuesday
10-12 Open Church

Wednesday
11am Holy Communion
Celebrant Fr Stephen Pugh

No Weekly Prayer Hour, Pre-
school carers group or After-
school club now until September

Thursday
10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church

Meditation and Reflection will
resume on 7th September

1 - 2.15pm Yoga class in church.

Sunday 13th August

There will be an opportunity to
receive prayer for healing in the
chapel of the annunciation today
during communion.
Anointing will return in September

Tuesday 15th August

10:30 - 11:30 am Bereavement
Cafe in Christ Church Wanstead
for all who experiencing loss.

Spiritual Book Club

Our next book is 'Our Lady the
Lost and Found' by Dianne
Schoemperlen. We will meet at
8pm in the vicarage on Monday
21st August to discuss it.
All are welcome.

Foodbank Update

The Office for National Statistics
recently reported that 1 in 20
adults ran out of food and were
unable to buy more in the previous
two weeks, and some groups of
people were affected even worse.
Thank you for your continued
support for the foodbank and other
local organisations working with
those struggling to cope in the cost
of living crisis.
Helen and the team.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Magazine

We are collecting articles for the
next parish magazine. Please send
articles to teresasmith@me.com.
The closing date for articles is
today Sunday 13th August. Thank
you Teresa Smith

Music in September

August is a quieter month, but
September returns with a musical
bang:

Saturday 16th September

A guitar concert as part of
Wanstead Fringe to raise funds for
the organ refurbishment Peter
Black, with duets including Fr
Martyn

Ticket details on poster
(wansteadfringe.org/event/)

Saturday 23rd September

Redbridge brass concert

Saturday 30th September

All Saints orchestra and chorus

For Our Prayers

For those who are sick:

Aliandra Adelin, Simon Ashburn,
Frances Bonnick, Elwin Cockett,
Joyce Demetriou, Peter Ellis,
Margaret Filer, Eileen Galer,
Martin Griffiths, Kelly
Harmsworth, Sylvia Hawkes, Faye
Jackman, Patricia Lipman, Milosh,
John Mitchell, Mary Watts &
those on the Prayer Board