

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
1st October

8.30am Holy Communion

10am All-Age Harvest Festival
Service
Celebrant Fr. Martyn Hawkes
(Hymns in service book)

A warm welcome to everyone
attending today, especially to
Aldersbrook uniform groups
This is also our regular monthly
service particularly geared to
children and families.

4pm Pet Blessing on Wanstead
Flats. A short service in nature to
celebrate the special creatures and
habitats around us and our need to
care for them. Bring pets or
photographs of them for a blessing

This Week

Evening Prayer

Martyn is away on a course, so no
evening prayer in person or zoom

Tuesday

10-12 Open Church

Wednesday

9.30am Prayer Group
11am Holy Communion
12 noon The Preschool Play Group
3.30 After School club

Wednesday 4th October

7.30pm: 10 Blake Hall Crescent
Spiritual Growth Group meets for
a time of prayer and discussion -
all are welcome to join.

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Spiritual Book Club

Our next book is 'Murder before
Evensong', by Rev Richard Coles.
We will meet at 8pm in the
vicarage on **Thursday 5th October**
to discuss it. All are welcome.

Saturday Open Church

12 - 1pm open Church Saturday
will return on 7th October, playing
the organ and inviting people to
stay, listen, talk, pray. There will
also be an opportunity to donate to
support the organ fund. All are
welcome!

Monday 9th October

7.30pm PCC meeting

Tuesday 10th October

7-7.30pm Adoration of the Blessed
Sacrament - peace and prayer in
church in the presence of Christ

Tuesday 17th October

10:30 am Bereavement Cafe for
those experiencing loss at Christ
Church Wanstead.

Sunday 22nd October

5pm sung evensong with guest
preacher Revd. Sharon Quilter
See flier for more details. All
singers welcome to rehearse with
the choir at 4pm to sing in the
service.

An East London and Essex group
for **Christian Climate Action** is
being formed by Sandra Eldridge
the diocesan environment officer.
If you'd like to know more or to
join up please be in touch
sandra.m.eldridge@gmail.com

Foodbank Update

It's felt hard to find some good
news lately amid the problems
with collapsing public buildings,
councils declaring themselves
bankrupt & fires & floods around
the world. We are eternally
grateful for the generosity of those
who continue to donate to the local
foodbanks. Last year the Trussell
Trust alone gave out a record 3
million food parcels. Help us to
bring good news to the many
people locally who rely on this
support each week. Thank you.
Helen and the team.

Harvest Flowers

Thank you to everyone who helped
Gaynor to fill the church with
colour for Harvest.

Are you a social media person? If
you might be willing to share fliers
or information with the wider
community on instagram or X
(twitter) on behalf of St Gabriel's
we'd love to hear from you.
There's a small group of us who
do this but would welcome a help
with either of these platforms in
particular.

Christian Aid Emergency Appeal

Christian Aid has launched an
appeal to support, through partner,
Dan Church Aid, the people who
have lost their homes, livelihoods
and loved ones in the floods in
Libya. You can donate online at
<https://www.christianaid.org.uk/appeals/emergencies/libya-floods-appeal>

Christian Aid Annual Lecture

An invitation to attend a lecture at
St Martin-in-the-Fields by the
Deputy Secretary-General of the
United Nations & Chair of the UN
Sustainable Development Group,
Amina J. Mohammed. On Monday
20th October at 7:00 pm. For more
information & tickets please visit
<https://www.stmartin-in-the-fields.org/calendar/here-i-stand-womens-advancement-and-role-in-tackling-climate-change/>

For Our Prayers

For those who are sick:

Aliandra Adelin, Eva and Peter
Baker, Frances Bonnick, Kevin
Brown, Elwin Cockett, Joyce
Demetriou, Peter Ellis, Margaret
Filer, Eileen Galer, Martin
Griffiths, Kelly Harmsworth,
Sylvia Hawkes, Faye Jackman,
Janis Lalor, Jack Lewis, Milosh,
John Mitchell, Mary Watts &
those on the Prayer Board

For those whose anniversaries occur at this time:

Winifred Rowland, Moira Bond,
Mary Thomas