

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter

Sunday 15<sup>th</sup> March  
Mothering Sunday

10am Parish Eucharist  
*Celebrant:* Rev. Canon Martyn  
Hawkes  
*Preacher:* Rev. Amy Taylor  
739, 350, 631, (67), 474

We welcome our uniform groups & all visitors on this special Sunday. We would love to include as many as possible in a photograph at the end of the service for our church welcome pack.  
Visitors & regulars all welcome.

#### This Week

Amy will be on leave this week  
Martyn is taking Thursday off and is around on Friday instead.

#### **Morning Prayer**

9am Monday & Wednesday only  
In person only and all welcome

#### **Evening prayer**

5pm Monday – Wednesday only  
On zoom and in-person

#### **Monday**

1pm Lent group at Jan's house

#### **Tuesday**

10:00am – 12 noon Open Church  
1.30pm Get-together group in church - a social gathering for company and conversation.

#### **Wednesday**

11am Holy Communion  
12 - 1.30pm Preschool Play Group  
3.30pm After School Club  
7pm Lent group in the choir vestry

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and Reflection in church  
1 - 2.15pm Yoga class in church.

*Items for weekly notices need to submitted by Thursday evening.*  
[sarertrand47@gmail.com](mailto:sarabertrand47@gmail.com)

#### **Parish Magazine**

The new parish magazine is out. Any deliveries to complete the distribution this week would be very welcome.

#### **Next Saturday 21<sup>st</sup> March**

Dr Bike is back in the carpark from 11am - 2pm. Bring your bike along for a service.

#### **Next Saturday 21<sup>st</sup> March**

Friends of St Gabriel's  
7pm St Patrick's Day Ceilidh  
Tickets still available on Sumup £15  
Adults £5 children

#### **Next Sunday 22<sup>nd</sup> March**

Children and Families group will meet after the morning service. There is no evensong next week, but we have a special evensong service for the beginning of Holy Week on 29<sup>th</sup> March.

#### **Next Sunday 22<sup>nd</sup> March**

Forest Philharmonic concert – see poster for details

#### **Tuesday 24<sup>th</sup> March**

The Get-Together group will meet over lunch at the Golden Fleece at 12.30pm & then have a break for 2 weeks over Easter. All welcome.

#### **Wednesday 25<sup>th</sup> March**

11am The Feast of the Annunciation  
A special service to celebrate a special festival for St Gabriel's.

#### **Sunday 29<sup>th</sup> March - Palm Sunday**

The service will begin at 10am in Wanstead park near the corner of Northumberland/Ingatstone Road  
If you'd like to be involved in the reading of the story of the crucifixion in church that morning please see Martyn or Amy.

#### **Lent course meal**

A meal for the final session for both of the Lent groups is planned in church for the evening of Monday 20<sup>th</sup> April

#### **Foodbank Update**

There is a shortage of items such as tins of meat, veg and fruit as well as tea, coffee and custard. We also need deodorant and shampoo. In the lead up to Easter, Easter eggs also welcome. Many thanks to all who give so generously. Helen

#### **Monday 13<sup>th</sup> April**

8pm Book club Meeting  
We will be reading Rhidian Brook's Notes on an Execution for its Lent book, and will also have a novel to read alongside: Theo of Golden by Allen Lev. All welcome to join when both books will be discussed.

#### **St Gabriel's PCC**

There will be a number of vacancies on the PCC in the upcoming year. These will be elected at the annual meeting on 17<sup>th</sup> May. If you would like to find out more please speak to 1 of the ministers or current PCC. The meeting commitment is 4-5 weekday evening meetings per year & 4 after church on Sunday. We would particularly like to expand to involve a wider cross section of our congregation in decision-making.

#### **Holiday Club 2026 - Dream.**

21<sup>st</sup> - 24<sup>th</sup> July with a set up day on the 20<sup>th</sup>. Clare and Anthony are on the lookout for anyone who can help bring some fun to the start of the summer holidays for local children. All ages, experience and abilities welcomed.

[stgabrielsfamilies@gmail.com](mailto:stgabrielsfamilies@gmail.com)

Congratulations to Carol Curtis, one of our Get Together group organisers, who has won an award for contribution to Redbridge life through her volunteering. Among other things Carol collects all the Aldersbrook Tin in a Bin donations & organises our charity coffee morning.

#### **For Our Prayers**

#### **For those who are sick:**

Saadia Akmal, Michelle Baker, Joyce Demetriou, Peter Ellis, Jennifer Hale, Kelly Harmsworth, Nicky Hooper, Faye Jackman, Doreen Karsondas, Janis Lalor, Jack Lewis, John Mitchell, Angela Ng, Marie Norman, Judy Scrivener, William Starling, Jean Umoh, Kamalasan Vilait, Julie Waite-Wilson, Anita Watts, Mary Watts, Shirley Yick & those on the Prayer Board

#### **For those whose anniversaries occur at this time:**

Dorothy Conoley, Celia Cooper, Carmen Joseph