

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 25<sup>th</sup> August

10.00am Parish Eucharist  
*Celebrant:* Revd Dr Liz Howell  
395, 629, 720, (77), 503

We welcome with grateful thanks  
Liz once again as our celebrant  
and preacher this morning

There will be no livestream of the  
service this morning due to Martyn  
being away

Many thanks to Sarah B for  
playing the organ for us while  
John is away.

#### This Week

#### **Evening Prayer**

5pm Tuesday to Thursday only on  
Zoom & in church.

#### **Tuesday**

10-12 Open Church  
1.30pm-3.30pm Afternoon Social  
Group in church

#### **Wednesday**

11 am Holy Communion

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

Saturday Open Church and Sunday  
School are now taking a summer  
term break.

We'll be back on 7<sup>th</sup>/8<sup>th</sup> September.

#### **Next Sunday 1<sup>st</sup> September**

8.30am Holy Communion is back  
10am Back to School Sunday all-  
age service.

Anyone involved in education in  
any way bring a symbol, backpack,  
pen, musical instrument for  
blessing at the service next week

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### **Wednesday 4<sup>th</sup> September.**

7pm Soul Group meeting in the  
Choir Vestry. The theme is Our  
relationship with Jesus Christ. Do  
bring readings, images or  
experiences to share'. There will be  
fliers in the church entrance.

#### **Saturday 7<sup>th</sup> September**

7.30 pm As part of Wanstead  
Fringe: Harp and Guitar Music from  
Latin America. Tickets online at:  
<https://wansteadfringe.org/event/ricardo-curbelo-and-adrian-azuelo-music-from-latin-america-and-spain/#tribe-tickets>

#### **Sunday 8<sup>th</sup> September**

It's time for Tea, cream Tea at St  
Gabriel's 2-5pm. £9 per head. With  
music from Glyn and Rachel.  
Proceeds to Helping Hands. Menu:  
Finger sandwiches: ham & tomato,  
brie & cranberry, smoked salmon &  
cream cheese & cucumber. Cakes,  
Fondant fancies, mini chocolate  
muffins and macarons. Scones with  
cream & jam. Tea & coffee For  
tickets use sign up sheet at back of  
church or contact Gaynor on  
07943414900 or by email  
Ghenry057@aol.com

#### **Friday 13<sup>th</sup> September**

21st EFS and Friends of St Gabriel's  
Curry and Quiz Night. 7.30pm for  
8pm start. £15 to include quiz and  
curry. Can enter as teams of 6 or  
individual.

#### **Sunday 15<sup>th</sup> September**

Flute, Woodwind and Organ  
Concert at 5pm in aid of the Organ  
Fund. Refreshments available.  
John will also celebrate 40 years as  
organist and music director at St  
Gabriel's church. Please support  
this or make a donation if you  
cannot attend. John & Kerry Light  
and Amy & Amelia Tolley

#### **Saturday 21<sup>st</sup> September**

7.30pm Redbridge Brass 'Let's Face  
the Music and Dance' with  
Redbridge Brass at St Gabriel's  
Church. Tickets from the Redbridge  
Brass Band Website – see posters  
for details.

#### **Sunday 29<sup>th</sup> September**

5pm Forest Philharmonic - Final of  
North and East London young  
musician of the year!

#### **Upcoming services:**

#### **Saturday 21<sup>st</sup> September**

2-4pm Messy Church

#### **Sunday 29<sup>th</sup> September**

Patronal Festival with Bishop Guli  
as our preacher and celebrant

#### **Sunday 6<sup>th</sup> October**

Harvest Festival: with uniform  
groups

To all aspiring and existing flower  
ladies and gentlemen. On 28<sup>th</sup>  
September, from 10am, we are  
planning to arrange flowers for  
both the Bishops' visit & Harvest.  
It would be lovely if you could  
help. Please let Gaynor know asap  
if you will be able to come and  
join us. Thank you

#### **Foodbank Update**

A big thank you again for the  
incredible generosity of everyone  
at St Gabriels, following my plea  
for more donations to the  
foodbank. Wishing everyone a  
peaceful and enjoyable summer!  
Helen and the team.

#### **Piano needs a loving new home**

After 50 years, a Rosener Berlin  
Upright with excellent pitch – a  
few notes to restore is Free to a  
good home – collect only. Contact  
Rebecca Shiel 07903 157489  
(before 26/8/24) thereafter email  
[bexshiel@hotmail.com](mailto:bexshiel@hotmail.com)

#### **For Our Prayers**

#### **For those who are sick:**

Eva and Peter Baker, Ann Brown,  
Joyce Demetriou, Peter Ellis,  
Eileen Galer, Martin Griffiths,  
Kelly Harmsworth, Sylvia  
Hawkes, Faye Jackman, Janis  
Lalor, Jack Lewis, Olive  
Macauley, John Mitchell, Marie  
Norman, Bibi Rahman, William  
Starling, Mary Watts & those on  
the Prayer Board

#### **For the recently departed:**

Sula Smith

#### **and those whose anniversaries occur at this time:**

Howard Hancock, Victoria Mills.  
Kate Arundale, Elizabeth Shaw