

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
21st January

10.00am Parish Eucharist
Celebrant Fr James Gilder, Rector
of Wanstead
259, 580, 609, (656), 503

Fr Martyn is at St Mary's
Woodford.

This Week

Sunday 21st January

4pm - 5.30pm Intercessions
workshop at St Mary's Woodford
For all who would like to lead
prayers in our worship - all
welcome.

Evening Prayer

5pm Monday, Tuesday &
Thursday on Zoom & in church.
No evening prayer on Wednesday in
church (Zoom TBC)
No evening prayer on Friday

Tuesday 23rd January

10-12 Open Church
1.30pm-3.30pm Afternoon Social
Group in church
7.30 - 8pm Contemplative Prayer

Wednesday

9.30am Prayer Group
11am A service of the word will
replace the usual Wednesday
communion service
12 noon The Preschool Play Group
3.30 After School club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Saturday

12 - 1pm Open church Saturday
Organ music and an invitation to
stay, listen, talk, pray. All
welcome!

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Next Sunday 28th January
5pm Sung Evensong and the
blessing of the choir vestry
A traditional sung evensong,
followed by refreshments
downstairs in the recently
refurbished choir vestry

Saturday 3rd February

Messy Church
Please contact our Children &
Families Co-ordinator, Clare, if
you are interested in helping out
www.families@gmail.com or
07986180230. No experience
necessary & lots of inspiration &
guidance available! Help with
preparing the church & the feast is
also gratefully received. Our theme
is "With Love From Messy
Church" so all our activities will
be around the theme of love in all
its many forms and the reading 1
Corinthians 13.

Lent is nearly upon us!

Easter comes early this year, so do
take away a sheet outlining the
opportunities to join a Lent group,
or be involved in Bible reading
group, Book club and other
things... Sign-up sheets are
available at the entrance lobby

Sunday 28th January

New Year open table
We are delighted to welcome
people to St Gabriel's to explore
who we are and what we do.
If you're new, or simply have a
question you've never felt able to
ask there will be a table in the hall
to discuss the weird and wonderful
world of St Gabriel's for Q and A
about anything. There is no such
thing as a silly question.
There is always an open invitation
for anyone who would welcome a
chat with Fr Martyn to arrange that
with him directly.

Foodbank Update

Thank you to everyone for your
generosity to the foodbank.
Apparently they are drowning in
baked beans at the moment so if
you would like to make a donation
please consider something else!
Many thanks, Helen and the team.

Magazine

We are collecting articles for the
next parish magazine. Please send
articles to teresasmith@me.com.
The closing date for articles is
Sunday 4th February. Thank you.
Teresa Smith

All-age Sunday support

We're hoping to recruit a
completely new team for these
Sundays and would love you to
join in - no previous experience
required and training offered.
Please speak to Martyn or Gigi if
you'd like to know more.

Saturday 27th January. Burns Night

Tickets are sold out. Your ticket is
for main course with dessert. Bring
your own bottle, bring your own
glasses. Raffle tickets also
available - £2 per strip.
Raffle tickets at: [https://st-gabriels-
church.sumupstore.com/](https://st-gabriels-church.sumupstore.com/)

For Our Prayers

18 - 25th Jan is the week of prayer
for Christian unity.
Please pray for our MMU church:
Christ Church and St Mary's,
Wanstead, St Mary Woodford and
St Peter in the Forest,
Walthamstow. Pray also for our
sisters and brothers at Aldersbrook
Baptist Church, Our Lady of
Lourdes RC Church, Wanstead
URC Church.

For those who are sick:

Mr Ali, Eva and Peter Baker,
Kevin Brown, Elwin Cockett,
Joyce Demetriou, Peter Ellis,
Margaret Filer, Eileen Galer,
Martin Griffiths, Kelly
Harmsworth, Sylvia Hawkes, Faye
Jackman, Janis Lalor, Jack Lewis,
Milosh, John Mitchell, Mary Watts
& those on the Prayer Board

For the recently departed

Frances Bonnick
**and those whose anniversaries
occur at this time:**
William Ferguson, Gladys
Pattullo, Aubrey "Ginger"
Christie, Bill Starling Snr, Ralph
Christian, Noony Teal, Mick
Smith