

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 12th March

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes
105, 382, 570, (458), 19

We welcome Revd Dr Sandra Eldridge as our preacher this morning. Sandra is the new Diocesan Environment Officer. We continue to explore how our faith & our passions intersect

There will be the opportunity to receive anointing & prayer for healing at the 10am service.

11.30 PCC meet upstairs in the hall

6.30pm Forest Philharmonic concert
Rehearsal from 2pm.

This Week

Evening Prayer

5pm Monday to Thursday
No evening prayer on Friday

Tuesday 14th March

10-12 Open Church
1 30pm Knit and natter in church.
7 - 7.30pm Adoration of the Blessed Sacrament - a time of silent prayer in the sacramental presence of Jesus.

Wednesday

9.30am Prayer Hour
11am Holy Communion
12 noon Pre-school carers group
3.30pm After-school club

7pm Growing Good Lent Course
Session 3 - Upstairs in the Church Hall. All welcome

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Connection/Tai Chi in church
11:45am – 1pm. Meditation and Reflection in church

1 - 2.15pm Yoga class in church.

Friday 17th March

7pm - 11pm Friends of St Gabriel's
St Patrick's Day Ceilidh:

Parish Magazine

Thank you so much for the help with delivery of magazines - there are just a few areas left if anyone is able to look at the list. Great work!

Next Sunday: Mothering Sunday

We welcome our uniform groups and children's choir to a service to celebrate the love of God and the mothering love we give and receive.

Saturday 18th March

All Saints' Chorus - The Messiah – see Lesley Bond for tickets

Monday 20th March

7pm For those interested there is a talk at Christ Church, Wanstead entitled 'Act Together' about the climate crisis, organised by Wanstead Climate Action.

Tuesday 21th March

Bereavement Cafe for those experiencing loss at Christ Church Wanstead 10:30 - 11:30 am.

Saturday 25th March

Valentine Singers concert

Sunday 26th March

5pm Our next evening service is with the parishes of our MMU A Taize service for Healing and Reconciliation - a lovely way to enter the Passiontide season.

Saturday 1st April

11am - 4.30pm - A Quiet Day in St Gabriel's. All welcome to all or part of this day for stillness, meditation and prayer together.

Spiritual Book Club

Lent Book 'Women of Holy Week' by Paula Gooder. We are meeting in the Vicarage at 8pm on Tuesday 11th April to discuss it. All are welcome.

Three Lent Soup Lunch Options

1 Sunday 26th March at St Gabriel's after church – sign up with offers of soup or bread today or next week.
2 1pm Thursday 23rd March Christ Church Wanstead. Email Beryl Darling to sign up
bdarling2022@outlook.com
3 Friday 31st March St Mary's Woodford - between 12.30 - 2pm.

Items for weekly notices need to submitted by Thursday evening.
(sarabertrand47@gmail.com)

Messy Church

Thank you for the support for another Messy church, Clare's first. Your thoughts & reflections on how this can develop are very welcome.

Summer Club 2023

St. Gabriel's will be hosting our annual Summer Club again from Tuesday 25th to Friday 28th July. Range of activities for children from 9:00-12:30 each day.

Please consider volunteering as an adult team leader & provide support the group leader. Alternatively, be part of the team making snacks & drinks for the children. Contact Anthony or Amelia for more details.

Foodbank Update

Tin in a Bin have joined forces with Redbridge Council to widen the provision of free school meal vouchers during the holidays by raising funds. If you would like to support this, you can make a one-off donation or there is a Drag Queen Bingo evening at Christ Church Hall on March 25th! Tickets (£20) from tinab.wanstead@gmail.com

St Gabriel's PCC

Our AGM is on 30th April this year & we need new PCC members to join our team. It's a great way to get more involved & help shape our future. Speak to Fr Martyn, David or Rachel our churchwardens or any of the current PCC

John Parkin, long-standing member of St Gabriel's sadly died last week. His funeral will be on Monday 20th March at 11am. All are welcome.

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Joyce Demetriou, Brenda Elliott, Peter Ellis, Margaret Filer, Eileen Galer, Ronney Glad, Ray Green, Martin Griffiths, Larry & Shaun Havens, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Tony Nairn, Mary Watts & for all those named on the Prayer Board

For the recently departed

John Parkin

and those whose anniversaries occur at this time:

Dorothy Conoley, Celia Cooper, Carmen Joseph