

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
20th August
Trinity 11

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes
16, 227, 662, (34), 572

For today's service will aim to conclude by 11am to allow for those who wish to enjoy the women's World Cup Final to be able to do so! Good luck to the Lionesses!

This Week

Evening Prayer

5pm Monday – Wednesday this week on zoom and in-person

Monday 21st August

8pm Spiritual Book Club
Our next book is 'Our Lady the Lost and Found' by Dianne Schoemperlen. We will meet in the vicarage to discuss it. All are welcome.

Tuesday

10-12 Open Church

Tuesday 22nd August

7.30 - 8pm Contemplative prayer

Wednesday

11am Holy Communion

No Weekly Prayer Hour, Pre-school carers group or After-school club now until September

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church

Meditation and Reflection will resume on 7th September

1 - 2.15pm Yoga class in church.

Next Sunday 27th August

We once again welcome Revd Liz, (who is clearly working far harder than Fr Martyn this August). Martyn will be at Greenbelt Festival next weekend.

Sunday 3rd September

Looking ahead – this will be our all-age service and also Back to School Sunday when we bless and pray for all those involved in education at the start of a new school year.

Bring a school bag or symbol of your work in education to the service that morning.

Sunday 10th September

2-5pm Cream Teas

By popular demand the best china is coming out

Sample menu

Finger sandwiches
Brie and cranberry, ham and tomato, smoked salmon and cream cheese, cucumber
Selection of cakes
Scones jam & cream
Tea or coffee

Tickets from Gaynor £9

Ghenry057@aol.com

Funds raised will go to Helping Hands in Balaam St.

Foodbank Update

The Office for National Statistics recently reported that 1 in 20 adults ran out of food and were unable to buy more in the previous two weeks, and some groups of people were affected even worse. Thank you for your continued support for the foodbank and other local organisations working with those struggling to cope in the cost of living crisis.

Helen and the team.

Items for weekly notices need to be submitted by Thursday evening. (sarabertrand47@gmail.com)

Last minute pilgrimage option

On Thursday 24 August St Mary's hope to make a Day Pilgrimage to The Julian Shrine in Norwich. They would warmly welcome all who are interested in joining them. Please contact Sheba Lockley by email or phone by Monday 21st August for more information and details for the day. 0208 505 3000 or info@stmaryswoodford.org.uk

Music in September

August is a quieter month, but September returns with a musical bang:

Saturday 16th September

A guitar concert as part of Wanstead Fringe to raise funds for the organ refurbishment Peter Black, with duets including Fr Martyn

Ticket details on poster (wansteadfringe.org/event/)

Saturday 23rd September

Redbride brass concert

Saturday 30th September

All Saints orchestra and chorus

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Elwin Cockett, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Faye Jackman, Patricia Lipman, Milosh, John Mitchell, Mary Watts & those on the Prayer Board

For the recently departed

Keith Charles

and those whose anniversaries occur at this time:

Howard Hancock, Victoria Mills