

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 2nd February
Candlemas
Presentation in the Temple

8.30am Holy communion

10am All-age Eucharist
Celebrant: Rev. Canon Martyn
Hawkes

This Week

Evening Prayer
5pm Monday to Thursday on
Zoom & in church.

Tuesday
10-12 Open Church
1.30pm Afternoon Social Group

Wednesday
11am Holy Communion
We will have as our officiant the
Revd Rachel Summers, curate at
St Mary's Woodford.
12 noon The Preschool Play Group
3.30 After School club

Wednesday 5th February
6.55pm Soul Group meet in the
warmth of the Choir Vestry.
Theme: 'considering the Holy
Spirit'. This is a monthly group led
by its members who contribute
themes for discussion and share
prayer, silence and fellowship. See
flier for details - all are welcome.

Thursday
10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Saturday
12 - 1pm Open church Saturday
Organ music and an invitation to
stay, listen, talk, pray.
All welcome!

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Messy Church

Many thanks as ever to Clare and
to our team for hosting our Messy
Church offering. We keep a candle
lit for all those who come through
our doors seeking something
meaningful and we hope what we
can offer is Christ.

Future dates: Saturday 10th May,
Sunday 7th September and
Saturday 15th November.

Tuesday 4th February

It's back! The Mens' curry club
(MCC). starting at 7pm at the
North Star and then 7.45pm in the
Star of India. Please see Kevin for
details or if you haven't added
your name yet and would like to
come call on 07718662731

Saturday 8th February

10 - 3pm PCC away day
PCC members look out for an
update early in the coming week
for arrangements, travel etc.

Next Sunday 9th February

4th Sunday before Lent
PCC meeting after church upstairs
in the hall

Tuesday 11th February

7 - 7.30pm Exposition of the
Blessed Sacrament.

Monday 10th February

8pm Our next Spiritual book club
meeting will take place at the
vicarage. We will be discussing
'Women of the Nativity' by Paula
Gooder and 'Orbital' by Samantha
Harvey.

Used Stamps

Thank you to everyone who
brought in their used stamps for an
animal charity. Please continue to
bring your used stamps to church
to put in the box at the back.
Thank you. Sue Maudsley

Foodbank Update

Thank you for your continued
generosity to the foodbank & Tin
in a Bin. Please continue to do
what you can, knowing every
single item is desperately needed.
Thank you. Helen and the team.

Magazine

We are collecting articles for the
next parish magazine. Please send
articles to teresasmith@me.com .
The closing date for articles is
Sunday 16th February

New Electoral Roll 2025

Every 6 years we are required to
completely refresh our electoral
roll. This process will start shortly
with everyone needing new forms.
More details will follow shortly.

Lent

We are looking to use the book
Resilient Disciple by Justine
Allain Chapman as our Lent study
material, with people invited to
join groups to discuss the book
weekly in Lent, or if that's not
possible to use as daily or weekly
reading along with us. We will
also be reading through our gospel
for this year St Luke. More
information on Lent to follow.

All-age service & choir

Do you have songs or hymns that
you'd like us to consider? Please
let Fr Martyn know. We can't
promise that we'll use them, but
would love to broaden our
repertoire for our services. We
would love to share the joy of
ensemble singing with you and
welcome singers of all voices!
Give it a go? Speak to Fr Martyn
or Gigi.

For Our Prayers

For those who are sick:

Martin Anderson, Eva Baker,
Michelle Baker, Ann Brown,
Ursula Christie, Joyce Demetriou,
Brenda Elliott, Peter Ellis, Eileen
Galer, Martin Griffiths, Kelly
Harmsworth, Faye Jackman, Janis
Lalor, Jack Lewis, Olive
Macauley, John Mitchell, Marie
Norman, William Starling, Mary
Watts & those on the Prayer Board

For those whose anniversaries occur at this time:

Kate Swain, Christine Fiedorcuk,
Frederick Adams, Phil Christie,
Catherine Rhys, Elizabeth Allan,
Olive Bidmead, Thomas Gasper