St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

> Weekly Newsletter Sunday 28<sup>th</sup> September

St Gabriels' Patronal Festival 10am Parish Eucharist Celebrant: Rev. Canon Martyn Hawkes Deacon: Rev. Amy Taylor

11.30- 1pm After the service we will be opening our hall doors to the community to share with us the official Hall re-opening.

5pm Festival Evensong Evensong returns after a long absence to its regular slot

#### This Week

#### **Morning Prayer**

9am Monday – Thursday In person only and all welcome Tuesday at Christ Church Wanstead

#### **Evening prayer**

5pm Monday – Thursday On zoom and in-person

## Tuesday

10:00am – 12 noon Open Church

1.30pm Get-together group in church - a social gathering for company and conversation.

#### Wednesday

11am Holy Communion 12 - 1.30pm Preschool Play Group 3.30pm After School Club

## Wednesday 1st October

6.55pm Soul Group in the Choir Vestry. The theme is sharing and exploring our spiritual journey, bringing objects, images, readings, music which are meaningful to us. Everyone welcome.

#### **Thursday**

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com

#### **MacMillan Coffee Morning**

Huge thanks to Carol Curtis for organising a very successful event at which we raised £483.50. Thank you also to the bakers and helpers.

#### Men's Curry Club

Next outing of Mens curry club (MCC) will take place on Tuesday 7<sup>th</sup> October starting 7pm at the North Star and then 7.45pm in the Star of India. Apologies for the change of date. Please can you let Kevin know if interested.

## Saturday 4th October

7pm All Saint's Chorus and Orchestra

## Sunday 5th October

Harvest Sunday weekend 8.30am Holy Communion 10am Harvest Festival All-age service with uniform groups invited 4pm Pet Blessing on Wanstead Flats

## Sunday 19th October

Forest Phil concert

### Sunday 19th October

Caroline Ferguson is organising a Safeguarding Foundation Training session after church for anyone who is interested in refreshing their Safeguarding awareness.

## Tuesday 4th November

Book Club

Our next book will be 'Dark, Salt, Clear' by Lemorna Ash to be discussed at 8pm at the vicarage

#### **Travelling Angels**

Going on your travels? Could you take one of Sunday School's angels with you and take a photo of it in a religious place of interest and tell us a story about the place for our journal? See poster for details or chat to Clare. Bon voyage!

### Foodbank Update

Sadly stocks of everything are running very low at present. St Gabriels members have always been among the most generous so please keep up the good work. Thank you very much for all that is donated to help those struggling day to day. Thank you, Helen and the team

#### The Creed

This year is the 1700<sup>th</sup> anniversary of the Nicene creed. We are marking it at St Gabriel's with a sermon series in October on 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>. There is a booklet of material to support the series and well worth a read. Please take one with you, and if you can contribute towards the cost (£3.50) that would be welcome (use sumup or a yellow envelope).

## New project

St Gabriel's has been invited to participate in a national church pilot project to grow work and numbers of children and families. This will involve work by an intergenerational group over this year, meeting monthly (8 sessions total, some Sundays, some weekday evenings). This begins in October and if you'd like to know more or to be involved please be in touch with Martyn.

#### **Cream Teas**

Another lovely afternoon. Thank you to everyone who supported us in raising £495, to Glyn and Rachel for their lovely music and to Caroline, Ewan, Kaitie, Iain, Father Martyn, Amy and all those who set up and put away. Brother Julian unfortunately couldn't make it but thanks us all on behalf of Helping Hands for our continuing support.

#### **Messy Church**

The next date for your diary is Saturday 15<sup>th</sup> November. See the poster in church for details and be in touch with Clare if you can help on her new email address stgabrielsfamilies@gmail.com

#### For Our Prayers

#### For those who are sick:

Saadia Akmal, Michelle Baker, Joyce Demetriou, Peter Ellis, Eileen Galer, Margaret Hallam, Kelly Harmsworth, Sylvia Hawkes, Nicky Hooper, Faye Jackman, Janis Lalor, Jack Lewis, John Mitchell, Marie Norman, William Starling, Mr Vilait, Julie Waite-Wilson, Anita Watts, Mary Watts, Shirley Yick & those on the Prayer Board

# For those whose anniversaries occur at this time:

Ted Smeed, Winifred Rowland, Moria Bond, Mary Thomas