St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

> Weekly Newsletter Sunday 21st April

10am Parish Eucharist Celebrant Fr Martyn Hawkes 97, 186, 337, (323), 716

There will be an opportunity to receive anointing and prayer for healing during communion today.

Sunday School resumes this morning

This Week

Evening Prayer

5pm Monday to Thursday on Zoom & in church. No evening prayer on Friday this week.

Tuesday 23rd April

10-12 Open Church
1.30pm-3.30pm Afternoon Social
Group in church
7.30pm Contemplative Prayer

Wednesday

9.30am Prayer Group 11am Holy Communion 12 noon The Preschool Play Group 3.30 After School club

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

No Saturday Open Church until 27th April

Next Sunday 28th April

PCC Meeting upstairs in the hall after the service

Sunday 28th April

Brook Brass concert in church

MMU Retreat 18-20th October.

More information on the flyers in church. In a beautiful setting - do consider coming.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com)

Sunday 21st April

After church today there will be a discussion in the hall about pastoral care for all who would like to contribute - what should be our priorities in this area, where do we need invest more time and resourcing, how best do we take this ministry forward? Have your say, get involved!

Holiday Club 2024.

Planning is now underway for holiday club - July 23rd to 26th. This years' theme is Joy! We are looking for volunteer leaders & young leaders as well as members of the steering and creative groups to start working on the event. If you can help, please speak to Anthony or Clare, wwa.families@gmail.com/07986180230 for more information.

Christian Aid week

The 1st year without Sue doing everything for us! We would like to continue to support Christian Aid week as fully as possible but also sustainably. One way to make this easier is for people to deliver envelopes to a street only, leaving the responsibility on householders to return the envelope themselves. If you could commit to doing this on the weekend of 12th May, or early that week, please sign up!

Our MMU

We work together in a group of 4 parishes, on things like Crown Court chaplaincy, Bereavement Cafe, Snaresbrook Ascension Day service (Thursday 9th May at St Mary's Woodford this year). Would you like to represent St Gabriel's when we meet, along with David P and Fr Martyn? Only 2/3 times a year, but the next meeting is Tuesday 30th April. If you are interested in working with our MMU in creative ways please let Fr Martyn know.

Foodbank Update

Stocks at Tin in a Bin are running very low at the moment, which means it is hard to fulfil the commitments to various foodbanks and charities. If everyone at St Gabriel's was to bring just one tin every week, it would make a huge difference! Please do what you can. Many thanks. Helen and the team.

Please note - no Evensong for April as on 28th April Fr Martyn will be installed as Canon at Chelmsford Cathedral at a 3.30pm service. All are welcome. Refreshments will follow. For numbers do let Martyn know if you are likely to come.

Saturday 4th May

Our next Messy Church for your diary and support

Saturday 4th May

8pm Gig Night Big Bad Wolf - 'chill out music with verve' £7 on the door.

Saturday 11th May

Friends of St Gabriel's History Talk
- Aldersbrook at war.
Tickets available on the QR code on
the leaflet or on this link
wnstd.com/flatsatwar

Sunday 12th May

1.15pm Pupils concert in church for the organ fund

Sunday 19th May

Notice of Annual Meeting: this will take place after church at 11.30am. The electoral roll is open for revision and will close to new members in the lead-up to this meeting.

Sunday 19th May

5pm Woodford Singers, with Heron Quartet - fliers in church with more details. Tickets £10

Sunday 19th May Confirmation

4pm at Christ Church, Wanstead. Last call this week for any people who may like to explore confirmation this year.

For Our Prayers

For those who are sick:

Mr Ali, Eva and Peter Baker, Kevin Brown, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Faye Jackman, Janis Lalor, Henry Lau, Jack Lewis, Milosh, John Mitchell, Marie Norman, Bibi Rahman, Mary Watts & those on the Prayer Board

For those whose anniversaries occur at this time:

Ken Inniss, Doreen Inniss, Mary Golds, Maud Hayden