

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter

Sunday 8<sup>th</sup> March

10am Parish Eucharist  
*Celebrant:* Rev. Canon Martyn  
Hawkes

*Preacher:* Henry Lau  
*Deacon:* Rev. Amy Taylor  
105, 174, 114, (327), 19

There will be the opportunity for  
anointing and prayer for healing  
during communion today in the  
Chapel of the Annunciation

This Week

### **Morning Prayer**

9am Monday, Wednesday &  
Thursday  
In person only and all welcome

### **Evening prayer**

5pm Monday – Thursday  
On zoom and in-person

### **Monday**

1pm Lent group continues at Jan's  
house

7.30pm PCC meeting in the choir  
vestry

### **Tuesday**

10:00am – 12 noon Open Church  
1.30pm Get-together group in  
church - a social gathering for  
company and conversation.

7pm Adoration of the Blessed  
Sacrament

### **Wednesday**

11am Holy Communion  
12 - 1.30pm Preschool Play Group  
3.30pm After School Club  
7pm Lent group in the choir vestry

### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

**Next Sunday 15<sup>th</sup> March**  
10am Mothering Sunday parade  
service

### **Saturday 14<sup>th</sup> March**

7.30pm New Redbridge Wind  
Orchestra concert, conducted and  
directed by Chris Wilcox  
Tickets available on the door £10,  
£7 concessions

### **Saturday 21<sup>st</sup> March**

Friends of St Gabriel's  
7pm St Patrick's Day Ceilidh  
Tickets on Sumup £15 Adults £5  
children - get your tickets early to  
be sure, to be sure.

### **Sunday 22<sup>nd</sup> March**

Forest Philharmonic concert

### **Tuesday 24<sup>th</sup> March**

The Get-Together group will meet  
over lunch at the Golden Fleece at  
12.30pm & then have a break for 2  
weeks over Easter. All are  
welcome to join.

### **Lent course meal**

A meal for the final session for  
both of the Lent groups is planned  
in church for the evening of  
Monday 20<sup>th</sup> April

### **Monday 13<sup>th</sup> April**

8pm Book club Meeting  
We will be reading Rhidian  
Brook's Notes on an Execution for  
its Lent book, and will also have a  
novel to read alongside: Theo of  
Golden by Allen Lev. All welcome  
to join the next meeting when both  
books will be discussed.

### **Foodbank Update**

Currently there is a shortage of  
basic food items such as tins of  
meat, veg and fruit as well as tea,  
coffee and custard. We also need  
deodorant and shampoo. Own  
brands are very acceptable! In the  
lead up to Easter, we will also be  
collecting Easter eggs and other  
treats. Many thanks to all who give  
so generously. Helen

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

A huge thank you to Aiste for the  
amazing work that she has done to  
clean all 200 of the church chairs  
this past week. An extraordinary  
achievement and gift to St  
Gabriel's.

### **Parish Magazine**

The new parish magazine is out.  
Many thanks as ever to Chris and  
Teresa for their work in bringing  
this together.

Speedy delivery would be very  
much appreciated as there are  
advertised events coming up very  
soon. The street delivery list is on  
the table to mark up the streets  
covered.

### **Holiday Club 2026 - Dream.**

Please put our annual Holiday  
Club in your diaries, thoughts &  
prayers! 21<sup>st</sup> - 24<sup>th</sup> July with a set  
up day on the 20<sup>th</sup>. Clare and  
Anthony are on the lookout for  
anyone who can help us bring  
some fun to the start of the  
summer holidays for local  
children. All ages, experience and  
abilities welcomed.

[stgabrielsfamilies@gmail.com](mailto:stgabrielsfamilies@gmail.com)

### **For Our Prayers**

#### **For those who are sick:**

Saadia Akmal, Michelle Baker,  
Joyce Demetriou, Peter Ellis,  
Jennifer Hale, Kelly Harmsworth,  
Nicky Hooper, Faye Jackman,  
Doreen Karsondas, Janis Lalor,  
Jack Lewis, John Mitchell, Angela  
Ng, Marie Norman, Judy  
Scrivener, William Starling, Jean  
Umoh, Kamalasan Vilait, Julie  
Waite-Wilson, Anita Watts, Mary  
Watts, Shirley Yick & those on the  
Prayer Board

#### **For the recently departed**

Alice Abena Ogunmokun

#### **and those whose anniversaries occur at this time:**

Elsie Adams, Donald Tunbridge,  
Vi Worrall, Stanley Hulstrom