

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 12th February

10am Parish Eucharist
Celebrant Fr. Mark Kenny
314, 84, 477, (554), 572

This Week

Evening Prayer

5pm Monday & Tuesday in church
& on zoom
5pm Wednesday & Thursday on
zoom only
No evening prayer on Friday

Monday 13th February

7.30pm PCC meeting in church

Tuesday

10-12 Open Church for private
prayer
1 30pm Knit and natter in church.
Speak to Ron Filer for details.

Tuesday 14th February

7 - 7.30pm Adoration of the
Blessed Sacrament

Wednesday

9.30am Prayer Hour
11am Holy Communion
Celebrant Fr Stephen Pugh
12 noon Pre-school carers group
3.30pm After-school club

Thursday

10:00 - 11:45 am Open Church for
private prayer
10:15 - 11:15 am Connection/Tai
Chi. All are welcome.
11:45am – 1pm. Meditation and
Reflection in church followed by
tea and coffee. All welcome
1 - 2.15pm Yoga class in church.
No other access during this time.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Children's Choir

Starting on Sunday 19th February a
new children's choir project begins
11.30am - 12.15 preparing for
Mothering Sunday.
Please spread the word - fliers are
available.

Tuesday 21st February

10:30 - 11:30 am Bereavement
Cafe for those experiencing loss at
Christ Church Wanstead.

Wednesday 22nd February

Ash Wednesday - services at
11.00am and 7.30pm
Please bring your old palm crosses
to church this week or next Sunday
to be made into ash

Sunday 26th February

5pm Evening Service
Divine Embrace: Encountering
God Together
You are invited to bring an object,
a poem, a prayer that speaks of
your relationship to God

Spiritual Book Club

All are welcome to join us reading
'Eden' by Jim Crace. We are
meeting at 8pm on Monday 6th
March in the Vicarage to discuss
it. 'Women of Holy Week' by
Paula Gooder is our chosen book
for Lent.

Foodbank Update

It is hard to avoid the daily reporting
of the cost of living crisis and
increasing foodbank use, and many
people will be struggling even more
at present in this freezing weather.
Thank you for all you are doing to
support local families at this time.
Items that are particularly requested
this week are as follows: cereals (no
porridge), small bags of pasta and
rice, tins of fruit, beans and veg (no
peas), jam and spreads.
Thank you. Helen and the team.

Earthquake in Turkey & Syria

We are encouraging support
through the DEC appeal at
www.dec.org.uk but if you'd like
to donate by cash (remember
though that it won't be gift aided)
you may leave a retiring donation
either this week or next and we'll
make sure it reaches them.

Lent Course - Growing Good

Wednesdays in March, beginning
on 1st March. A course to reflect
on how outreach to the wider
community grows our faith, and
connects us in love to others.
Sign up to indicate that you'd like
to give it a try.
Next Sunday there'll be a short
video to introduce the course at the
end of the service.

Musical March

Sunday 5th March

4pm Flute and Woodwind Concert
with Kerry and John Light
(Cinema organ). All proceeds to
the church with a retiring
collection. Please support this if
you can.

Saturday 11th March

2-4pm Messy Church:

Sunday 12th March

6.30pm Forest Philharmonic
concert

Friday 17th March

7pm - 11pm Friends of St
Gabriel's St Patrick's Day Ceilidh:
Tickets from [https://st-gabriels-
church.sumupstore.com/product/st-
patrick-s-day-ceilidh](https://st-gabriels-church.sumupstore.com/product/st-patrick-s-day-ceilidh)

Saturday 18th March

All Saints' Chorus - The Messiah
– see Lesley Bond for tickets

Saturday 25th March

Valentine Singers concert

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick,
Joyce Demetriou, Brenda Elliott,
Peter Ellis, Margaret Filer, Eileen
Galer, Ronney Glad, Ray Green,
Martin Griffiths, Larry & Shaun
Havens, Sylvia Hawkes, Ann
Kirby, Phyllis Lehreman, Patricia
Lipman, Milosh, John Mitchell,
Tony Nairn, Mary Watts & for all
those named on the Prayer Board
who wish for our prayers.

For the recently departed

Mariya Stoilova, Ray Bown, Eve
Mendelson, Bryan Bonnick, Carol
Winward

and those whose anniversaries occur at this time:

Ellen Galer, Elsie Collings