St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

Weekly Newsletter Sunday 19th October

10am Parish Eucharist

Celebrant: Rev. Canon Martyn
Hawkes

Preacher: Henry LauDeacon: Rev.
Amy Taylor
259, 400, 409, (250), 631

This morning we continue the sermon series on the Nicene Creed, with a focus on Jesus, the second person of the Trinity

6pm Forest Philharmonic Concert

This Week

Morning Prayer

9am Monday – Thursday In person only and all welcome Tuesday at Christ Church Wanstead

Evening prayer

5pm Monday – Thursday On zoom and in-person

Tuesday

10:00am – 12 noon Open Church If anyone is able to offer 2 hours to keep St Gabriel's open on a Tuesday morning please sign up on the sheet at the entrance.

Tuesday 21st October

The Get-together group will be meeting at the Golden Fleece for lunch at 12.30pm.

All are welcome

Wednesday

11am Holy Communion 12 - 1.30pm Preschool Play Group 3.30pm After School Club

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church. After church today there is an opportunity for all to refresh their safeguarding understanding upstairs in the hall with Caroline, our Parish Safeguarding Officer who will lead a session of Foundation training.

Next Sunday 26th October

2pm Service of Baptism of Ocean and Charlie Taylor

5pm Sung Evensong

Tuesday 4th November

Book Club

Our next book will be 'Dark, Salt, Clear' by Lemorna Ash to be discussed at 8pm at the vicarage

Wednesday 5th November

7pm Soul Group in the Choir Vestry.

The theme will be The Holy Spirit continued: Gifts.

Travelling Angels

Going on your travels? Could you take one of Sunday School's angels with you and take a photo of it in a religious place of interest and tell us a story about the place for our journal? See poster for details or chat to Clare. Bon voyage!

Used Stamps

Please collect & bring your used stamps to church to put in the box at the back. These will be sent off to benefit an animal charity. Thank you. Sue Maudsley

Foodbank Update

Sadly stocks of everything are running very low at present. St Gabriels members have always been among the most generous so please keep up the good work. Thank you very much for all that is donated to help those struggling day to day. Thank you, Helen and the team

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com

Sunday 2nd November

It's that time of year again!
Meeting after the service for the
Christmas Market – everyone
welcome, the more the merrier.
We welcome good quality items
including books, children's toys,
bottles for the tombola, gifts etc.
which can be brought to church on
Sundays or during Open Church
slots. Any prizes for the raffle
would also be greatly appreciated

Sunday 2nd November

5pm All Souls' service We read out the names of departed loved ones and if you would like to add a name there is a sheet on the table at the church entrance. Please write legibly!

Sunday 9th November

Remembrance Sunday

Messy Church

The next date for your diary is Saturday 15th November. See the poster in church for details and be in touch with Clare if you can help on her new email address stgabrielsfamilies@gmail.com

For Our Prayers

For those who are sick:

Saadia Akmal, Michelle Baker, Joyce Demetriou, Peter Ellis, Eileen Galer, Margaret Hallam, Kelly Harmsworth, Sylvia Hawkes, Nicky Hooper, Faye Jackman, Janis Lalor, Jack Lewis, John Mitchell, Marie Norman, William Starling, Kamalasan Vilait, Julie Waite-Wilson, Anita Watts, Mary Watts, Shirley Yick & those on the Prayer Board

For the recently departed Nicky Jones

and those whose anniversaries occur at this time:

Aaron Nash, Margaret Frost, Sylvia Parris, Florence Douglas