

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
10<sup>th</sup> March  
Mothering Sunday

10am Parish Eucharist  
*Celebrant* Fr Martyn Hawkes  
739, 382, 114, (67), 252

We welcome the uniform groups  
and all visitors to our service this  
morning.

This morning we also begin our  
children's choir for Easter with a  
short rehearsal 11.30 - 12 noon.  
Open to all children year 1 & up.  
The children will be preparing for  
the Easter service on 31<sup>st</sup> March, so  
need to be available for that and  
rehearsals 11.30-12.15 next week  
and the week after.

#### This Week

##### **Evening Prayer**

5pm Monday to Thursday on Zoom  
& in church. No evening prayer on  
Friday this week.

##### **Tuesday 12<sup>th</sup> March**

10-12 Open Church  
1.30pm-3.30pm Afternoon Social  
Group in church  
7-7.30pm Adoration of the Blessed  
Sacrament in church

##### **Lent Course**

Continues Tuesday 12 noon, and  
Wednesday 7pm.

##### **Wednesday**

9.30am Prayer Group  
11am Holy Communion  
12 noon The Preschool Play Group  
3.30 After School club

##### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

##### **Saturday**

12 - 1pm Open church Saturday  
Organ music and an invitation to  
stay, listen, talk, pray. A time to take  
some time out during Lent. All  
welcome!

**This Sunday 10<sup>th</sup> March**  
6.30pm Forest Philharmonic concert

##### **St Gabriel's magazine**

Now out for distribution. If you live  
on the Aldersbrook or Lake House  
estate you should receive one, but  
for those living further afield please  
do take one today. Any help with  
delivery as ever always appreciated.  
There's a sign-up sheet with the  
magazines for streets still needing  
delivery.

##### **Saturday 16<sup>th</sup> March**

St Patrick's Day Ceilidh  
6-10.30pm - see poster for details.  
Tickets now available at £15 Adults/  
£5 children over 5 years  
[https://st-gabriels-  
church.sumupstore.com/products](https://st-gabriels-church.sumupstore.com/products)

##### **Next Sunday 17<sup>th</sup> March**

After church we have a soup lunch  
to support this year's Lent appeal,  
supporting healthcare in the diocese  
of Jerusalem, including Gaza. If you  
can make a soup please sign up &  
indicate what type you will be  
bringing to church next Sunday.  
We will also have a discussion with  
Sue Mutter, our outgoing Christian  
Aid coordinator to make plans for  
our Christian Aid week.

##### **Holiday Club 2024.**

Planning is now underway for  
holiday club - July 23<sup>rd</sup> to 26<sup>th</sup>. This  
years' theme is Joy! We are looking  
for volunteer leaders & young  
leaders but more immediately we are  
inviting members of the steering and  
creative groups to start working on  
the event with us. If you can help,  
please speak to Anthony or Clare or  
contact [wwa.families@gmail.com](mailto:wwa.families@gmail.com) /  
07986180230 for more information.

##### **Foodbank Update**

Thank you for your continued  
generosity to the foodbank & Tin in  
a Bin, even as times are tight for all  
of us. Too many people depend on  
these donations to feed their families  
& there is no sign the numbers will  
decrease any time soon. Please  
continue to do what you can,  
knowing every single item is  
desperately needed. Thank you.  
Helen and the team.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

Services for Holy Week are in the  
parish magazine, but upcoming we  
have:

##### **Palm Sunday 24<sup>th</sup> March**

10am at Wanstead Park on the edge  
of Northumberland Ave/Ingatestone  
Road as we process to church.  
Readers will be needed for the  
dramatised reading of the passion.  
**5pm service** for the beginning of  
Holy Week. Hymns, anthems and  
readings - the 7 last words from the  
cross. Readers also required.

##### **For the diary, and for booking:**

A retreat! 18<sup>th</sup>-20<sup>th</sup> October at  
Aylesford Priory, Kent entitled Life  
in all its Fullness. This is an MMU  
offering with input from members of  
the ministry teams in our parishes.  
See the flier for details - more info  
from Fr Martyn, and book via  
[aldersbrookstgabriels@gmail.com](mailto:aldersbrookstgabriels@gmail.com)

##### **Monday 15<sup>th</sup> April**

8pm The book club will be meeting  
to discuss Richard Rohr's lent book,  
"Wondrous Encounters"  
The next book will be "The Essex  
Serpent" by Sarah Perry, to be  
considered on Monday 13<sup>th</sup> May.  
Newcomers are welcome!

##### **Saturday 23<sup>rd</sup> March**

Harp/cuatro/vocal concert - Ricardo  
Curbelo. Anyone who'd like a free  
ticket and help with refreshments on  
the night please see Martyn.

##### **For Our Prayers**

##### **For those who are sick:**

Mr Ali, Eva and Peter Baker,  
Kevin Brown, Elwin Cockett,  
Joyce Demetriou, Peter Ellis,  
Margaret Filer, Eileen Galer,  
Martin Griffiths, Kelly  
Harmsworth, Sylvia Hawkes, Faye  
Jackman, Janis Lalor, Henry Lau,  
Jack Lewis, Milosh, John Mitchell,  
Marie Norman, Bibi Rahman,  
Mary Watts & those on the Prayer  
Board

##### **For the recently departed** Maneka Zola

##### **and those whose anniversaries occur at this time:**

Vi Worrall, Stanley Hulstrom,  
Dorothy Conoley, Celia Cooper,  
Carmen Joseph