

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
Sunday 29<sup>th</sup> September  
Patronal Festival for St Gabriel,  
Archangel

10.00am Parish Eucharist  
*Celebrant and Preacher:* The Rt  
Revd Dr Guli Francis-Dehqani

We are delighted to welcome  
Bishop Guli to our service this  
morning for her first visit to St  
Gabriel's.

There will be refreshments after  
church in the hall, followed by a  
bring and share lunch.

Thank you to everyone who has  
contributed to making this service  
so special.

4pm Our annual Pet Blessing  
service will take place on  
Wanstead Flats. Those with pets  
do come along with your friends

5pm Forest Philharmonic concert  
and East London young musician  
of the year competition

### This Week

#### **Evening Prayer**

5pm Monday, Wednesday &  
Thursday on Zoom & in church  
No evening prayer on Tuesday due  
to College of Canons meeting

#### **Tuesday**

10-12 Open Church  
1.30pm Afternoon Social Group

#### **Wednesday**

No prayer hour until further notice.  
11am Holy Communion  
12 noon The Preschool Play Group  
3.30pm After School club

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

#### **Saturday**

Saturday Open Church will take a  
break until 12<sup>th</sup> October.

#### **Tuesday 1<sup>st</sup> October**

2pm Social group invites all to a  
chat by local Fire Officers to  
explain safety measures for your  
home, especially for ageing &  
those living alone. Followed by tea  
& coffee.

#### **Wednesday 2<sup>nd</sup> October**

The Soul group will now meet at  
Wanstead Library, 7pm for  
7.30pm, for an event to consider  
the future of our water. This seems  
well matched to our theme of  
Creationtide.

#### **Saturday 5<sup>th</sup> October**

Kintsugi mental health friendly  
churches day at St Paul's  
Goodmayes.  
4pm Installation of the Ven Mike  
Power as the new Archdeacon of  
West Ham

#### **Saturday 5<sup>th</sup> October**

7pm All Saints Chorus and  
Orchestra performing St John's  
Passion. Tickets from Lesley or  
Jan or use details on the fliers at  
the back.

#### **Next Sunday 6<sup>th</sup> October**

Harvest Festival & Parade Service  
We welcome the uniform groups  
& hope to provide an extra boost  
to our foodbank giving.  
There is also a volunteer day for  
the hall, mainly painting, so if you  
can help any time between 10am  
and 4pm that would be most  
welcome. Please let Rusty know  
[rusty@livock.com](mailto:rusty@livock.com)

#### **Next Sunday 6<sup>th</sup> October**

2.30 - 4.30pm Lego in Church  
For all ages. Do come along and  
participate, help with refreshments,  
and chat.

#### **Foodbank Update**

An urgent plea for breakfast cereal  
and toiletries from the foodbank  
organisers over the next few weeks  
as stocks of those items are  
running very low.  
Thank you. Helen and the team.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### **Bible Reading Plan**

Plan for the last quarter of 2024  
starts with the Gospel of John  
Next Meeting: 11.30am 3<sup>rd</sup>  
November at Church. More details  
available from Gigi.

#### **Next Magazine**

We are collecting articles for the  
next parish magazine. Please send  
articles to [teresasmith@me.com](mailto:teresasmith@me.com).  
The closing date for articles is  
Sunday 6<sup>th</sup> October.

#### **Monday 21<sup>st</sup> October**

The Book Club's next book is The  
Stranger in the Lifeboat by Mitch  
Albom to be discussed on at 8pm  
at the vicarage. All welcome.

#### **Saturday 9<sup>th</sup> November**

2-4pm Messy Church.  
Before a call for volunteers, a call  
for ideas please! To compliment  
our theme of Giving we'd like to  
run a session where people take  
nothing home & make/do things in  
the Advent spirit of giving. Do you  
have ideas and contacts for us? Pet  
shelters needing toys? Residential  
homes that would appreciate  
drawings or letters? A Christmas  
Market stall needing handmade  
goods? Please chat to, email or call  
Clare with your ideas 07986  
180230 /[www.families@gmail.com](mailto:www.families@gmail.com)

#### **For Our Prayers**

While Henry is away recovering  
from an eye operation, we pray for  
healing & restoration of full vision

#### **For those who are sick:**

Eva and Peter Baker, Ann Brown,  
Joyce Demetriou, Peter Ellis,  
Eileen Galer, Martin Griffiths,  
Kelly Harmsworth, Sylvia  
Hawkes, Faye Jackman, Janis  
Lalor, Henry Lau, Jack Lewis,  
Olive Macauley, John Mitchell,  
Marie Norman, William Starling,  
Mary Watts & those on the Prayer  
Board

#### **For the recently departed**

Jill Goddard, Monica Crawford  
**and those whose anniversaries  
occur at this time:**  
Ted Smeed, Winifred Rowland,  
Moira Bond, Mary Thomas