

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 5th October

8.30am Holy Communion

10am All-Age Eucharist for Harvest
Celebrant: Rev. Canon Martyn
Hawkes
Deacon: Rev. Amy Taylor

We welcome each and every
member of local uniform groups
who are warmly invited to today's
service.

Thank you for bringing non-
perishable food items to support Tin
in a Bin and the variety of local
foodbanks that they enable

4pm Pet Blessing on Wanstead Flats

This Week

Morning Prayer

9am Monday – Thursday
In person only and all welcome
Tuesday at Christ Church Wanstead

Evening prayer

5pm Monday – Thursday
On zoom and in-person

Tuesday

10:00am – 12 noon Open Church
If anyone is able to offer 2 hours
from 10-12 to keep St Gabriel's
open on a Tuesday morning please
sign up your availability on the sheet
at the entrance.

Please note that there is no Get-
together group this week.
On Tuesday 21st October the group
will be meeting at the Golden Fleece
for lunch at 12.30pm.
All are welcome

Wednesday

11am Holy Communion
12 - 1.30pm Preschool Play Group
3.30pm After School Club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

Magazine Articles

We are collecting articles for the
next parish magazine. Please send
articles to teresasmith@me.com
.The closing date for articles is
Monday 13th October.

Men's Curry Club

Mens curry club (MCC) will take
place on Tuesday 7th October
starting 7pm at the North Star and
then 7.45pm in the Star of India.
Any questions please speak to
Kevin.

Next Sunday 12th October

10am Parish Eucharist and first
sermon in series on the Creed

Next Sunday 12th October

2-4pm. Lego in church All
welcome

Sunday 19th October

Forest Phil concert

Sunday 19th October

Caroline Ferguson is organising a
Safeguarding Foundation Training
session after church for anyone who
is interested in refreshing their
Safeguarding awareness.

Tuesday 4th November

Book Club

Our next book will be 'Dark, Salt,
Clear' by Lemorna Ash to be
discussed at 8pm at the vicarage

Travelling Angels

Going on your travels? Could you
take one of Sunday School's angels
with you and take a photo of it in a
religious place of interest and tell us
a story about the place for our
journal? See poster for details or
chat to Clare. Bon voyage!

Foodbank Update

Sadly stocks of everything are
running very low at present. St
Gabriels members have always been
among the most generous so please
keep up the good work. Thank you
very much for all that is donated to
help those struggling day to day.
Thank you, Helen and the team

*Items for weekly notices need to
be submitted by Thursday evening.
(sarabertrand47@gmail.com)*

The Creed

We believe - it's the 1700th
anniversary of the Council of
Nicaea (who knew?!) from which
emerged the creed that we say
most Sundays in church. We are
running a 3 part series starting next
week and there's a booklet you
may wish to read alongside. These
cost us £3.50 each - you are
welcome to have one before they
disappear, and if you'd like to chip
in to cover cost that would be
appreciated.

Grandparents

We are looking to begin a support
group for Grandparents to meet
and share their experiences,
wisdom and struggles of
"Grandparenting" with a faith
perspective. We aim to make the
group responsive and to provide
any requested guidance, ideas and
even resources to help out and so
to get this going I'd be very
grateful to spend time with anyone
who I can ask some questions of
before we start up! Clare
stgabrielsfamilies@gmail.com

Messy Church

The next date for your diary is
Saturday 15th November.
See the poster in church for details
and be in touch with Clare if you
can help on her new email address
stgabrielsfamilies@gmail.com

For Our Prayers

For those who are sick:

Saadia Akmal, Michelle Baker,
Joyce Demetriou, Peter Ellis,
Eileen Galer, Margaret Hallam,
Kelly Harmsworth, Sylvia
Hawkes, Nicky Hooper, Faye
Jackman, Janis Lalor, Jack Lewis,
John Mitchell, Marie Norman,
William Starling, Kamalasan
Vilait, Julie Waite-Wilson, Anita
Watts, Mary Watts, Shirley Yick
& those on the Prayer Board

For the recently departed

Vic Howden
**and those whose anniversaries
occur at this time:**
Sam Fallowfield