St Gabriel's Church, Aldersbrook www.stgabrielsaldersbrook.org.uk

> Weekly Newsletter 3rd March Lent 3

8.30am Holy Communion

10am All-age Parish Eucharist *Celebrant* Fr Martyn Hawkes

11.30 - 12 noon Bible reading group in church - all welcome

This Week

Evening Prayer

5pm Monday to Thursday on Zoom & in church. No evening prayer on Friday this week.

Tuesday

10-12 Open Church 1.30pm-3.30pm Afternoon Social Group in church

Tuesday 5th March 7.30pm Deanery synod at St Luke's Ilford

Wednesday

9.30am Prayer Group11am Holy Communion12 noon The Preschool Play Group3.30 After School club

Thursday

10:00 - 11:45 am Open Church 10:15 - 11:15 am Tai Chi in church 11:45am – 1pm. Meditation and Reflection in church 1 - 2.15pm Yoga class in church.

Saturday

12 - 1pm Open church Saturday Organ music and an invitation to stay, listen, talk, pray. A time to take some time out during Lent. All welcome!

Saturday 9th March

10am Funeral service in church

No Sunday School until 17/3 due to 3/3 All Age Service & 10/3 Mothering Sunday

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com) The Parish Magazine has arrived. Grateful thanks as ever to Chris and to Teresa for their tireless work with this. Let's show our appreciation by getting this delivered to the streets of Aldersbrook as soon as we are able. Sign up on the sheet as usual.

Next Sunday 10th March

10.00am Mothering Sunday service, followed by children's choir

Children's choir for Easter

Rehearsal dates: 10th March 11.30 -12, 17th March 11.30 - 12.15, 24th March 11.30 - 12.15 Singing on Easter Day 10am service

Lent Course

Continues Tuesday 12 noon, and Wednesday 7pm. If you missed the earlier sessions you are still very welcome to attend.

Sunday 17th March

Soup Lunch for the diocesan Lent appeal. Now is time to sign up to offer to make a soup - sheet at the church entrance. We will also have a discussion with Sue Mutter, our outgoing Christian Aid coordinator to make plans for our Christian Aid week collection. Sue is stepping down after many years spearheading this work & we need to find a way to keep up the good work!

Easter Quiet Day

Please note the date for this is Saturday 20th April, not 27th as advertised previously. More information to follow.

Foodbank Update

Thank you so much for your continued generosity to the foodbank and Tin in a Bin, even as times are tight for all of us. Too many people depend on these donations to feed their families each week, and there is no sign that the numbers will decrease any time soon. Please do continue to do what you can, knowing that every single item is desperately needed. Thank you. Helen and the team.

Hall Renovations Weekend update

A huge thank you to the volunteers who worked incredibly hard on hall walls and the ladies loos. More work still to be done but great progress so far.

Charity Coffee Morning

Thank you to everyone who helped yesterday with this community outreach event supporting charities.

Monday 15th April

8pm The book club will be meeting to discuss Richard Rohr's lent book, "Wondrous Encounters" The next book will be "The Essex Serpent" by Sarah Perry, to be considered on Monday 13th May. Newcomers are welcome!

Musical March: concerts & events

Sunday 10th Forest Philharmonic Saturday 23rd Harp/cuatro/vocal concert - Ricardo Curbelo. Anyone who'd like a free ticket and help with refreshments on the night please see Martyn.

Saturday 16th March

St Patrick's Day Ceilidh 6-10.30pm - see poster for details. Tickets now available at £15 Adults/ £5 children over 5 years <u>https://st-gabriels-</u> <u>church.sumupstore.com/products</u>

For Our Prayers

For those who are sick:

Mr Ali, Eva and Peter Baker, Kevin Brown, Elwin Cockett, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Faye Jackman, Janis Lalor, Henry Lau, Jack Lewis, Milosh, John Mitchell, Bibi Rahman, Mary Watts & those on the Prayer Board

For the recently departed

Maneka Zola, Michael Wilcox, Samantha Jennings, Ruth Palmer **and those whose anniversaries occur at this time:** Irene Insley, Ian Pattullo, Elsie

Adams, Donald Tunbridge