

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 8th January

Epiphany

10am Communion

Celebrant Fr. Martyn Hawkes

Hymns in service book

PCC Meeting after the service this morning.

2-4pm Epiphany party by the fire at St Peter's in the Forest - for our MMU a festive gathering with food, activities & fun for all ages. A lift is available if needed.

This Week

Evening Prayer

5pm Evening prayer Mon, Wed & Thursday in church this week.
Mon-Thurs on Zoom

Tuesday

10-12 Open Church for private prayer

7-7.30pm Exposition of the Blessed Sacrament

Wednesday

No weekly Prayer Hour until February

11am Holy Communion

12 - 1.30pm pre-school carers group

After-school club begins again on 18th January

Thursday

10:00 - 11:45 am Open Church for private prayer

10:15 - 11:15 am Connection/Tai Chi. All are welcome.

11:45am – 1pm. Meditation and Reflection in church followed by tea and coffee. All welcome

1 - 2.15pm Yoga class in church. No other access during this time.

Monday 9th January

8pm Spiritual Book Club

All are invited to join us to read the Archbishop of York's book for Advent, 'Sleepers Wake' by Nicholas Holtam, a meditative exploration of climate change and the urgent call to actions. We meet to discuss it in the vicarage.

Tuesday 10th January

1 30pm Knit and natter will hopefully restart on this Tuesday in church. Speak to Ron Filer for more details.

Saturday 14th January

8pm Violin concert & Art
Aldersbrook resident and violinist with the Philharmonia Orchestra Jan Regulski will be performing in church by candlelight, surrounded by the stunning life drawings of artist Olga Szynekarczuk. Come & immerse yourself in music and art. For tickets & more information: <https://aldersbrookmusicart.eventbrite.com>

Sunday 15th January

After church there will be an open meeting with Clare Reeves the new children and families coordinator in Woodford, Wanstead and Aldersbrook. This meeting is particularly for those involved in communications, to look at how we can reach the wider community with what we offer children and family but will sketch out the coming year's activities.

Tuesday 17th January

10:30-11:30am Bereavement Cafe for those experiencing loss at Christ Church Wanstead

Foodbank Update

Thank you for the incredible generosity shown by all at St Gabriel's this Christmas. Your donations would have brought a little cheer to some who would otherwise have had little or nothing to enjoy over Christmas. Helen and the team.

Items for weekly notices need to submitted by Thursday evening. (sarabertrand47@gmail.com)

Messy Epiphany

Many thanks to everyone who took part in this fun outreach event yesterday

Saturday 28th January

7.30pm Burns Night: watch this space for tickets
£15 adults, £8 primary age children

The usual fun and festivities, but tickets are limited so when they go live make sure to book.

The link will be emailed shortly.

Important News

Along with many businesses and charities St Gabriel's is facing a big hike in Gas and Electricity bills in 2023. To seek to meet this uplift we have put together a bid for crowdfunding where each donation will be match-funded by the cooperative bank warm spaces fund. Any donation up to £250 that you make will be doubled!

Crowd-funding Update

We have raised over £3500 towards the increased heating bills we face in 2023. Thank you for the very generous response - the appeal remains open for another two weeks.

If you can help the link is:

<https://www.crowdfunder.co.uk/p/st-gabriels-community-outreach>

Prayer Circle

For requests for those who wish for timely, short-term prayer of one week or less, please contact Amelia on 07534411745.

For Our Prayers

For those who are sick:

Frances Bonnick, Joyce Demetriou, Brenda Elliott, Peter Ellis, Margaret Filer, Ronney Glad, Ray Green, Martin Griffiths, Ann Kirby, Phyllis Lehreman, Patricia Lipman, Bola Masha, John Mitchell, Tony Nairn, Darren O'Brien, Mariya Stoilova, Mary Watts & for all those named on the Prayer Board who wish for our prayers.

For those whose anniversaries occur at this time:

Carol Wragg