

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter

Sunday 26th March

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes
Preacher Henry Lau
394, 584, 374, (165), 104

Welcome to Passiontide
The clocks have gone forward this morning, so hopefully you have not arrived too early.

There is a simple soup lunch after church today with donations to support the Diocesan Lent appeal. Many thanks to those who have helped by making a soup.

5pm MMU Taize service of healing and wholeness. A special evening service for the beginning of Passiontide with friends from neighbouring parishes, followed by refreshments.

This Week

Evening Prayer

5pm Monday to Thursday
No evening prayer on Friday

Tuesday

10-12 Open Church
1 30pm Knit and natter in church.

Wednesday

9.30am Prayer Hour
11am Holy Communion
12 noon Pre-school carers group
3.30pm After-school club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Connection/Tai Chi in church
11:45am – 1pm. Meditation and Reflection in church
1 - 2.15pm Yoga class in church.

Spiritual Book Club

Lent Book 'Women of Holy Week' by Paula Gooder. We are meeting in the Vicarage at 8pm on Tuesday 11th April to discuss it. All are welcome.

Wednesday 29th March

7pm Lent Course Growing Good: The last Wednesday session will be this week upstairs in the hall. This session is called Participation & all are welcome to participate! Then on **Sunday 23rd April** a short final session after church for everyone will take place on to give an opportunity to share some thoughts and ideas with the whole congregation on where the course has pointed us.

Saturday 1st April

11am - 4.30pm - A Quiet Day in St Gabriel's. An oasis of peace when we all need it very much. Join for the whole day or a portion - speak to Lesley or Heather to find out more

Palm Sunday 2nd April

8.30am Holy Communion for Palm Sunday
10.00am meet on the corner of Ingatestone Road/Northumberland Avenue for Palm Sunday procession into church. It is our all-age service, so the worship band will also be playing. Palm Sunday passion reading - more readers required. If you can help please speak to Fr Martyn today.

Summer Club 2023

St. Gabriel's will be hosting our annual Summer Club again from Tuesday 25th to Friday 28th July. Range of activities for children from 9:00-12:30 each day. Please consider volunteering as an adult team leader & provide support the group leader. Alternatively, be part of the team making snacks & drinks for the children. Contact Anthony or Amelia for more details.

Foodbank Update

An amazing response to the fund raising effort to feed 200 Redbridge children over the Easter holidays means that more than 3k of the 4k target has been donated! Many Thanks. Helen and the team

*Items for weekly notices need to submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Easter Postcard

Thanks once again for all the help with delivery. Some roads remain & one final push before Holy Week would be very welcome.

Holy Week services

Tuesday 4th April 7.30pm
Maundy Thursday 6th April 8pm
Good Friday 7th April 11.30 & 1pm
Easter Sunday 9th April
6am and 10am

Details are on the Easter Postcard

Easter Saturday

Help with cleaning alongside those who are preparing flowers would be very welcome. A Sign-up sheet for volunteers to help with Easter Sunday breakfast is at the entrance to church.

Father Mark has been trying to find a way to serve in the parish while managing his illness. However, he feels he needs more space and time to do this. To this end, he will be taking a sabbatical - a period of time away from active ministry. He and Nick, however, hope to continue to be part of the community of St. Gabriel's. Mark is so grateful to the people of St. Gabriel's for their continuing love and support.'

St Gabriel's PCC

Our AGM is on 30th April this year & we need new PCC members to join our team. It's a great way to get more involved & help shape our future. Speak to Fr Martyn, our churchwardens David or Rachel or any of the current PCC

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Joyce Demetriou, Brenda Elliott, Peter Ellis, Margaret Filer, Eileen Galer, Ray Green, Martin Griffiths, Larry & Shaun Havens, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Tony Nairn, Mary Watts & those on the Prayer Board

For the recently departed

John Parkin
and those whose anniversaries occur at this time:
John Bertrand, Frederick Mutter, Michel Glautier