

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
**7<sup>th</sup> May**  
Easter 5 and Coronation Sunday

8.30am Holy Communion

10am All-age Parish Eucharist  
*Celebrant* Fr. Martyn Hawkes  
Hymns in service book

### This Week

#### **Evening Prayer**

5pm Monday to Thursday only  
No evening prayer on Friday

#### **Tuesday**

10-12 Open Church  
7.30 - 8pm Contemplative Prayer

#### **Wednesday**

9.30am Prayer Hour  
11am Holy Communion  
12 noon Pre-school carers group  
3.30pm After-school club

#### **Thursday**

10:00 - 11:45 am Open Church  
10:15 - 11:15 am Connection/Tai  
Chi in church  
11:45am – 1pm. Meditation and  
Reflection in church  
1 - 2.15pm Yoga class in church.

#### **Tuesday 16<sup>th</sup> May**

10:30 - 11:30 Bereavement Cafe  
for those experiencing loss at  
Christ Church Wanstead.

#### **Thursday 18<sup>th</sup> May**

Ascension Day service in the  
evening – time TBC

#### **Sunday 21<sup>st</sup> May**

After 10am service there will be a  
Messy Church planning discussion  
for the next one on Saturday 17<sup>th</sup>  
June

Urgent Help needed on tea rota  
Volunteers are urgently needed to  
serve teas/coffee after the service  
on Sunday 21<sup>st</sup> May. If you can  
help please speak to Rachel.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### **Children's Choir**

Rehearsals 11.30am – 12.15pm  
starting **Next Sunday 14<sup>th</sup> May**  
followed by 21<sup>st</sup> May & 11<sup>th</sup> June  
from. Ready for Father's Day  
Service Performance on Sunday  
18<sup>th</sup> June at 10am service. For  
more information please speak to  
Fr Martyn

#### **Next Sunday 14<sup>th</sup> May Dedication Festival**

We'll be having a Pea-themed  
shared lunch in the hall after the  
service, with an opportunity to  
give to support Christian Aid.

#### **Next Sunday 14<sup>th</sup> May**

Concert in church. Rehearsing  
from 12 noon - 2 and 4pm concerts

#### **Summer Club 2023**

St. Gabriel's will be hosting our  
annual fun-filled Summer Club  
again this year from Tuesday 25<sup>th</sup>  
to Friday 28<sup>th</sup> July.  
Children take part in a range of  
activities from 9:00-12:30 each  
day. You could lead a group of 6-8  
children or support the group  
leader. Please consider  
volunteering during this exciting  
week. Alternatively, you might  
prefer to be part of the team  
making snacks and drinks for the  
children. Please contact Anthony  
or Amelia for more details.

#### **Saturday 20<sup>th</sup> May**

7.30pm Quiz night in the Hall - a  
fundraiser by Tin in a Bin to  
support families over the summer  
when free school meals are not  
there to support. Bring your own  
booze and nibbles. All proceeds  
will go directly to local families in  
need. £15 a ticket from  
[tinab.wanstead@gmail.com](mailto:tinab.wanstead@gmail.com)

#### **Foodbank Update**

A big thank you to all who  
contributed to the scheme to help  
feed children over the school  
holidays. Plans are now being  
made for future events with an eye  
on the long summer holiday. There  
will be a Tin in a Bin stall at the  
Coronation festival on  
Christchurch Green on 7<sup>th</sup> May.  
Your support is very much  
appreciated. Helen and the team.

#### **Christian Aid Week (CAW) 14<sup>th</sup> – 20<sup>th</sup> May.**

We will do our usual House to  
House envelope delivery &  
collection or drop back and try  
some new fundraising challenges;

#### **Saturday 13<sup>th</sup> May**

10 - 12.30pm Charity Coffee  
Morning in church

Local charities share what they  
doing, including a Christian Aid  
stall planting peas. Children's  
activities and a celebration of  
volunteering

#### **Calling all bakers:**

As part of the Coronation  
celebration of volunteering we  
hope to provide free fairy cakes for  
any who identify as volunteers in  
any way. Please, for next Saturday  
if can bake even a dozen fairy  
cakes for this event that would be  
much appreciated. Thank you so  
much for the offers so far. Costs to  
be reimbursed.

#### **Saturday 13<sup>th</sup> May**

**Christian Aid's London  
Freedom Walk.** A 10K walk,  
starting 11.30am at St James  
Piccadilly with a send-off service  
and ending at St Pauls Cathedral in  
time for 5pm evensong.

#### **Spiritual Book Club**

Our next book is 'Barchester  
Towers' by Anthony Trollop. We  
are meeting in the Vicarage at 8pm  
on Monday 12<sup>th</sup> June to discuss it.  
All are welcome.

#### **For Our Prayers**

#### **For those who are sick:**

Aliandra Adelin, Frances Bonnick,  
Allen Chan, Joyce Demetriou,  
Peter Ellis, Margaret Filer, Eileen  
Galer, Ray Green, Martin  
Griffiths, Sylvia Hawkes, Phyllis  
Lehman, Patricia Lipman,  
Milosh, John Mitchell, Tony  
Nairn, Mary Watts & those on the  
Prayer Board

#### **For the recently departed**

Jean Pirie  
**and those whose anniversaries  
occur at this time:**  
May Piper, Maureen Brown, Alan  
West, Joan Pugliaro