

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter  
8<sup>th</sup> October

10am Parish Eucharist  
*Celebrant* Fr. Martyn Hawkes  
*Preacher* Henry Lau  
97, 227, 70, (738), 572

Prayers for healing at the service this morning are available in the chapel of the annunciation - anointing and the opportunity to be prayed for any need.

### This Week

**Evening Prayer**  
5pm Monday to Thursday on Zoom & in church  
No evening prayer on Friday

**Monday 9<sup>th</sup> October**  
7.30pm PCC meeting

**Tuesday 10<sup>th</sup> October**

10-12 Open Church

7-7.30pm Adoration of the Blessed Sacrament - a time of silent prayer and contemplation

**Wednesday 11<sup>th</sup> October**

9.30am Prayer Group

11am Holy Communion

12 noon The Preschool Play Group

3.30 After School club

7.30pm Deanery parish share meeting

**Thursday 12<sup>th</sup> October**  
10:00 - 11:45 am Open Church

10:15 - 11:15 am Tai Chi in church  
11:45am – 1pm. Meditation and Reflection in church

1 - 2.15pm Yoga class in church.

7.30pm MMU meeting at St Gabriel's

### **Saturday Open Church**

12 - 1pm Organ music and an invitation to stay, listen, talk, pray. There will also be an opportunity to donate to support the organ fund. All are welcome!

### **Friday 13<sup>th</sup> October**

7pm Forest Philharmonic rehearsal

### **Sunday 15<sup>th</sup> October**

11.30am Caroline Ferguson will be running a safeguarding session on Domestic Abuse after church. Whilst the session is open to anyone, it is recommended for any persons holding a pastoral role and mandatory for clergy, PCC members and lay members.

### **Sunday 15<sup>th</sup> October**

1pm onwards Forest Philharmonic rehearsal, followed by concert

### **Tuesday 17<sup>th</sup> October**

10:30 am Bereavement Cafe for those experiencing loss at Christ Church Wanstead.

### **Sunday 22<sup>nd</sup> October**

5pm sung evensong with guest preacher Revd. Sharon Quilter See flier for more details. All singers welcome to rehearse with the choir at 4pm to sing in the service.

An East London and Essex group for **Christian Climate Action** is being formed by Sandra Eldridge the diocesan environment officer. If you'd like to know more or to join up please be in touch [sandra.m.eldridge@gmail.com](mailto:sandra.m.eldridge@gmail.com)

### **Foodbank Update**

A huge thank you for the generosity of all who donated to the foodbank so magnificently at the Harvest service. Your gifts will relieve the anxiety of families struggling to buy food each week, and enable them to eat in a way that we take too easily for granted. Helen and the team.

*Items for weekly notices need to submitted by Thursday evening. ([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

### **Message from Amelia**

Amelia would like to thank everyone at St Gabriels for the generous gift and the Memories Book which will be treasured.

Are you a social media person? If you might be willing to share fliers or information with the wider community on instagram or X (twitter) on behalf of St Gabriel's we'd love to hear from you. There's a small group of us who do this but would welcome a help with either of these platforms in particular.

### **Christian Aid Emergency Appeal**

Christian Aid has launched an appeal to support, through partner, Dan Church Aid, the people who have lost their homes, livelihoods and loved ones in the floods in Libya. You can donate online at <https://www.christianaid.org.uk/appeals/emergencies/libya-floods-appeal>

### **Christian Aid Annual Lecture**

An invitation to attend a lecture at St Martin-in-the-Fields by the Deputy Secretary-General of the United Nations & Chair of the UN Sustainable Development Group, Amina J. Mohammed. On Monday 20th October at 7:00 pm. For more information & tickets please visit <https://www.stmartin-in-the-fields.org/calendar/here-i-stand-womens-advancement-and-role-in-tackling-climate-change/>

### **For Our Prayers**

#### **For those who are sick:**

Aliandra Adelin, Eva and Peter Baker, Frances Bonnick, Kevin Brown, Elwin Cockett, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Martin Griffiths, Kelly Harmsworth, Sylvia Hawkes, Faye Jackman, Janis Lalor, Jack Lewis, Milosh, John Mitchell, Mary Watts & those on the Prayer Board

#### **For those whose anniversaries occur at this time:**

Sam Fallowfield