

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
Sunday 6th April
5th Sunday of Lent

8.30am Holy Communion

10am All-age Eucharist
Celebrant: Rev. Canon Martyn
Hawkes

This Week

Evening Prayer

5pm Monday to Thursday on
Zoom & in church.

Tuesday 8th April

10-12 Open Church
12.15-1.30pm Lent Course
1.30pm Afternoon Social Group
2pm Breast Cancer Awareness talk
with The Aldersbrook Medical.
Please come along this affects men
& women.

7 - 7.30pm Exposition of the
Blessed Sacrament

Wednesday

11am Holy Communion
No Preschool Play Group or After
School club for next two weeks
7-8.30pm Lent Course

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Tai Chi in church
11:45am – 1pm. Meditation and
Reflection in church
1 - 2.15pm Yoga class in church.

New Electoral Roll 2025

Please remember to fill in your
Electoral Roll forms - paper copies
in church, online also available.
Thank you to the 61 people who
has already completed forms.
Every 6 years we are required to
completely refresh our electoral
roll so everyone needs to complete
a new form.

*Items for weekly notices need to
submitted by Thursday evening.
(sarabertrand47@gmail.com)*

Holy Week Begins Next Sunday 13th April

10am Palm Sunday
Starts on the corner of Ingatestone
Road & Northumberland Avenue
for the blessing of the palms,
followed by procession to church
Readers needed for the passion
narrative

After Church, Soup Lunch for
Bishop's Lent appeal - Housing
Justice. To keep things simple we
need 3 soup-makers to make a
large batch. Please let Fr Martyn
know if you can help.

Tuesday 15th April

7.30pm Service in the style of
Tenebrae - music, reading &
candle lit reflection.

Thursday 17th April

8pm Maundy Thursday service
Foot washing, last supper &
stripping of the altars.
Followed by the Vigil - a rota for
the vigil of prayer is now at the
back of church, but you can also
email availability to Fr Martyn.

Good Friday 18th April

10am Ecumenical walk of witness
from URC Wanstead to OLOL RC
church
11.30am Children & families
service
1pm-3pm Stations of the Cross
and the Good Friday Liturgy

Sunday 20th April

Easter Day

5.30am Easter Vigil and first mass
of the dawn, followed by breakfast
10am Family Eucharist followed
by Easter egg hunt

Easter breakfast

As is the custom there will be an
Easter breakfast after the dawn
service on Easter Sunday. All are
welcome but we will need food
contributions to share. If you are
able to help, e.g. bringing cheese,
meats, bread, spread, fruit, etc.
(ready to eat), there is a sign up
sheet in the porch. Thank you

APCM Sunday 11th May

For our annual meeting there is a
need for people to take on some very
key roles. We have 2 churchwardens
vacating roles this year - Rachel
after serving for many years &
Kevin after stepping in for a year of
cover. Please speak to either of them
if you would like to know more.
There are PCC vacancies as usual as
people complete terms of service. If
you would like to consider this
please speak to Fr Martyn.

Easter flowers

10am Easter Saturday – flower
arranging in the church. All are
welcome & we would love you to
help or lead in making yellow &
white arrangements. Please bring
your own flowers & greenery.
If you can't help on Saturday but
would like to donate money, flowers
or greenery please contact Gaynor
07943414900 or Willa. There will
be daffodils for our youngest
arrangers – again please let Gaynor
or Willa know if your children will
be accompanying you for this.
Thank you

Foodbank Update

Thank you to all who so generously
give to the foodbank collections.
Stocks are running very low at the
moment, but the kindness of those at
St Gabriel's has helped to boost
supplies each week.
Helen and the team

For Our Prayers

For those who are sick:

Saadia Akmal, Michelle Baker,
Ursula Christie, Joyce Demetriou,
Peter Ellis, Eileen Galer, Kelly
Harmsworth, Sylvia Hawkes, Faye
Jackman, Janis Lalor, Jack Lewis,
Sue Maudsley, John Mitchell, Marie
Norman, Jan Smith, William
Starling, Maria Varga, Julie Waite-
Wilson, Anita Watts, Mary Watts &
those on the Prayer Board

For the recently departed

Norman Stephens

and those whose anniversaries occur at this time:

Dean Christie, George Mills, Albert
Galer, Frank Rowland