

St Gabriel's Church,
Aldersbrook
www.stgabrielsaldersbrook.org.uk

Weekly Newsletter
30th April

10am Parish Eucharist
Celebrant Fr. Martyn Hawkes
450, 649, 249, (156), 21

St Gabriel's APCM

Coffee will be in church today for the Annual meeting which follows at 11.30 after the service

Sunday 30th April

Sunday School - plant peas for Christian Aid & find out about the climate change crop Pigeon Peas.

This Week

Evening Prayer

5pm Tuesday to Thursday only
No evening prayer on Monday or Friday this week

Tuesday

10-12 Open Church
7.30 - 8pm Contemplative Prayer

Wednesday

9.30am Prayer Hour
11am Holy Communion
12 noon Pre-school carers group
3.30pm After-school club

Thursday

10:00 - 11:45 am Open Church
10:15 - 11:15 am Connection/Tai Chi in church
11:45am – 1pm. Meditation and Reflection in church
1 - 2.15pm Yoga class in church.

Next Sunday 7th May

8.30am Holy Communion
10am all-age service

Tuesday 16th May

10:30 - 11:30 Bereavement Cafe for those experiencing loss at Christ Church Wanstead.

Items for weekly notices need to be submitted by Thursday evening.
(sarabertrand47@gmail.com)

Sunday 21st May

After 10am service there will be a Messy Church planning discussion for the next one on Saturday 17th June

Children's Choir

Next rehearsal dates: 14th May, 21st May & 11th June from 11.30am – 12.15pm. Ready for Father's Day Service Performance on Sunday 18th June at 10am service. For more information please speak to Fr Martyn

Saturday 20th May

7.30pm Quiz night in the Hall - a fundraiser by Tin in a Bin to support families over the summer when free school meals are not there to support. Bring your own booze and nibbles. All proceeds will go directly to local families in need. £15 a ticket from tinab.wanstead@gmail.com

Foodbank Update

A big thank you to all who contributed to the scheme to help feed children over the school holidays. Plans are now being made for future events with an eye on the long summer holiday, including a quiz night in our church hall on 20th May. More details coming soon. And there will be a Tin in a Bin stall at the Coronation festival on Christchurch Green on 7th May. Your support is very much appreciated. Helen and the team.

Summer Club 2023

St. Gabriel's will be hosting our annual fun-filled Summer Club again this year from Tuesday 25th to Friday 28th July. Children take part in a range of activities from 9:00-12:30 each day. You could lead a group of 6-8 children or support the group leader. Please consider volunteering to be an adult team leader during this exciting week. Alternatively, you might prefer to be part of the team making snacks and drinks for the children. Please contact Anthony or Amelia for more details.

Urgent Help needed on tea rota
Volunteers are urgently needed to serve teas/coffee after the service on Sunday 21st May. If you can help please speak to Rachel.

Christian Aid Week (CAW) 14th – 20th May.

We will do our usual House to House envelope delivery & collection or drop back and try some new fundraising challenges;

Saturday 13th May

10 - 12.30pm Charity Coffee Morning in church
Local charities are invited to share what they doing, including a Christian Aid stall planting peas. As part of the Coronation celebration of volunteering, we hope to provide free fairy cakes for any who identify as volunteers in any way. Your baking help will be very much needed, please! Please sign up to indicate if you can bake to help! Any costs can be reimbursed.

Plus Christian Aid's London Freedom Walk. A 10K walk, starting 11.30am at St James Piccadilly with a send-off service and ending at St Pauls Cathedral in time for 5pm evensong.

Sunday 14th May Dedication Festival

We'll be having a Pea-themed shared lunch in the hall after the service, with an opportunity to give to support Christian Aid.

For Our Prayers

For those who are sick:

Aliandra Adelin, Frances Bonnick, Allen Chan, Joyce Demetriou, Peter Ellis, Margaret Filer, Eileen Galer, Ray Green, Martin Griffiths, Sylvia Hawkes, Phyllis Lehreman, Patricia Lipman, Milosh, John Mitchell, Tony Nairn, Mary Watts & those on the Prayer Board

For the recently departed

Jean Pirie
and those whose anniversaries occur at this time:
Derrick Elliott, Joan Elliott, Gladys Nelson