

St Gabriel's Church,  
Aldersbrook  
[www.stgabrielsaldersbrook.org.uk](http://www.stgabrielsaldersbrook.org.uk)

Weekly Newsletter

### Sunday 26<sup>th</sup> February

10am Parish Eucharist  
*Celebrant* Fr. Martyn Hawkes  
190, 527, 343, (412), 221

5pm Evening Service  
Divine Embrace: Encountering God  
Together. You are invited to bring  
an object, a poem, a prayer that  
speaks of your relationship to God.

This Week

#### Evening Prayer

5pm Monday to Thursday  
No evening prayer on Friday

#### Tuesday

10-12 Open Church for private  
prayer  
1 30pm Knit and natter in church.

#### Wednesday

9.30am Prayer Hour  
11am Holy Communion

12 noon Pre-school carers group  
3.30pm After-school club

7pm Growing Good Lent Course  
Session 1 - Upstairs in the Church  
Hall

#### Thursday

10:00 - 11:45 am Open Church for  
private prayer

10:15 - 11:15 am Connection/Tai  
Chi. All are welcome.

11:45am – 1pm. Meditation and  
Reflection in church followed by tea  
and coffee. All welcome

1 - 2.15pm Yoga class in church. No  
other access during this time.

#### Monday 6<sup>th</sup> March

8pm Spiritual Book Club meeting in  
the Vicarage to discuss 'Eden' by  
Jim Crace. All are welcome.

*Items for weekly notices need to  
submitted by Thursday evening.  
([sarabertrand47@gmail.com](mailto:sarabertrand47@gmail.com))*

#### Next Sunday 5<sup>th</sup> March

8.30am Holy Communion  
10.00am All-age Parish Eucharist  
And, the start of Musical March  
with a Flute and Woodwind (and  
organ) concert at 4pm

#### Saturday 11<sup>th</sup> March

##### 2pm – 4pm Messy Church

This will be the 1st one co-ordinated  
by Clare our Families Ministry Co-  
ordinator. Any offers of help with  
preparing and/or running crafts, and  
preparing and serving the feast  
would be very warmly welcomed.  
Please introduce yourselves to Clare  
or contact her by email or phone to  
discuss if you haven't already been  
approached. 07986 180230 /  
[wwafamilies@gmail.com](mailto:wwafamilies@gmail.com)

#### Summer Club 2023

St. Gabriel's will be hosting our  
annual Summer Club again from  
Tuesday 25<sup>th</sup> to Friday 28<sup>th</sup> July.  
Range of activities for children from  
9:00-12:30 each day.  
Please consider volunteering as an  
adult team leader, leading a group of  
6-8 children, and provide support  
the group leader. Alternatively, be  
part of the team making snacks &  
drinks for the children. Contact  
Anthony or Amelia for more details.

#### Lent 2023

We have a rich programme for Lent:  
1. Growing Good course: You can  
access all of the course online at:  
<https://growing-good.org.uk/tool-kit>  
2. Sunday evening worship: this  
Sunday 5pm: Divine Embrace. The  
next Evening service (26<sup>th</sup> March)  
will be a Taize service for healing  
with other parishes in our MMU.  
3. Lent Quiet Day: Saturday 1<sup>st</sup>  
April 11am  
4. Lent Book: the book club is  
reading Paula Gooder's book:  
Women of Holy Week during Lent.  
5. Lent Sermons: Focus on how our  
faith and our calling/passions  
intersect. On 12<sup>th</sup> March we have a  
guest preacher Revd Dr Sandra  
Eldridge, Chelmsford's new  
Diocesan Environment Officer

#### Foodbank Update

It is hard to avoid the daily reporting  
of the cost of living crisis and  
increasing foodbank use. Thank you  
for all you are doing to support local  
families at this time.  
Thank you. Helen and the team.

#### St Gabriel's PCC

Our annual meeting is on 30<sup>th</sup> April  
this year and we will need new PCC  
members to join our intrepid crew.

It's a great way to get more  
involved, help shape our future and  
have your say.

Speak to Fr Martyn, David or  
Rachel our churchwardens or any of  
the current PCC

#### Sunday 12<sup>th</sup> March

PCC meeting

#### Musical March

##### Sunday 5<sup>th</sup> March

4pm Flute and Woodwind Concert  
with Kerry and John Light (Cinema  
organ). All proceeds to the church  
with a retiring collection.

##### Sunday 12<sup>th</sup> March

6.30pm Forest Philharmonic concert

##### Friday 17<sup>th</sup> March

7pm - 11pm Friends of St Gabriel's  
St Patrick's Day Ceilidh: Tickets  
from [https://st-gabriels-  
church.sumupstore.com/product/st-  
patrick-s-day-ceilidh](https://st-gabriels-church.sumupstore.com/product/st-patrick-s-day-ceilidh)

##### Saturday 18<sup>th</sup> March

All Saints' Chorus - The Messiah –  
see Lesley Bond for tickets

##### Saturday 25<sup>th</sup> March

Valentine Singers concert

#### Tuesday 28<sup>th</sup> February

7.30pm Fr Alex Summers will be  
licensed as the Vicar of St Peter's in  
the Forest. He has been interim  
priest there for the last 2 years.  
Prayers for him and the parish on  
this joyous occasion.

#### For Our Prayers

##### For those who are sick:

Aliandra Adelin, Frances Bonnick,  
Joyce Demetriou, Brenda Elliott,  
Peter Ellis, Margaret Filer, Eileen  
Galer, Ronney Glad, Ray Green,  
Martin Griffiths, Larry & Shaun  
Havens, Sylvia Hawkes, Phyllis  
Lehman, Patricia Lipman, Milosh,  
John Mitchell, Tony Nairn, Mary  
Watts & for all those named on the  
Prayer Board who wish for our  
prayers.

##### For the recently departed

Ann Kirby, Pen Garlick

##### and those whose anniversaries occur at this time:

Lilian Parkin, Eileen Watts, Lilian  
Cousin, Irene Insley, Ian Pattullo